



The Caimin's Connection

Keeping you up to date with the latest news in our school community

TYB (Ava, Shane, Áine, Cillian)

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Caimin's Impress at Shannon Wings Festival – By Cillian Galvin

Last week, St. Caimin's had the privilege of hosting the 59th Youth in Music session, as part of Shannon's annual *Wings Festival*. A group of talented singers and musicians from St. Caimin's and St. Patrick's Comprehensive School joined forces to produce some fantastic performances on the day, all of which were live streamed on *Cuppa Tea TV*. These performances ranged in style, from pop, to traditional Irish music, to classical, and more.

The first performance of the day was from TY students Scott McCoy and Jason Butler, who sang a rendition of 'This Is the Life', a popular song by Scottish singer-songwriter, Amy Macdonald. This was followed by LC1 student Lee Maguire, who sang his version of the song, 'I Won't Let You Go.'

Third year students Luke Mulvihill and Emma Cabida joined forces for a heartwarming performance of 'The Winner Takes It All' and this was followed by a lively performance from the Caimin's Trad Group, who played a selection of reels, marches and slip jigs. Some of the musicians involved were Cillian Galvin, Nessa O'Grady, and Ailbhe O' Grady. They were joined by some Irish dancers for a few of the tunes which added a nice touch. The festival was a huge success and enjoyed by all who

took part. We would like to thank Cuppa Tea TV for hosting the show, and to the teachers involved for making this happen, it was much appreciated.

Event organiser, Damien O' Rourke commended all students involved, saying he was "*impressed beyond belief at the upcoming music talent in Shannon schools.*" He added, "*it is a credit to the teachers Ms. Killeen and Margeurite from the Comp for stitching this together beautifully.*"



Latest News in St. Caimin's



Boys Basketball – By Shane Moloney

Our first and second year Boys basketball teams were in action again last week against CBS Nenagh. They all played brilliantly and showed great team spirit. The boys did themselves and the school proud and came away with their first win of the season.

The 1st years were first to face the Tipperary side. After a quick warmup and a run through some basic drills with coached Ms. Byrne, Kuba and David, the players took their positions and got ready for tip off.

The game was very tight at the start. They fought very hard tracking back and rebounding every time they could before the end of the first quarter. They came off the court looking tired but an encouraging chat with Ms. Byrne reminded them to keep working hard and not to give up. Some substitutions were made and the subs worked very hard and made a good impact when they came on. Everyone got a game and they worked really hard to try and finish out the game strong. It was a very good team effort and they worked really hard and showed a lot of commitment and progress overall.

The second years took to the court next and faced their opponents – CBS Nenagh's second year team. After a warm up and a quick team photo, they were ready to go. The second years were very impressive, with Odhran Donnellan standing out with his performance.

However, it was a team effort and the group seemed to gel well and appeared to have good chemistry. Soon, they were getting the better of the other team. At the end of the first quarter Caimin's made some substitutions and again, the subs had big impact on the game, bringing great energy and enthusiasm to the court. Caimin's ended up with a well-deserved win, after a very good performance.



Latest News in St. Caimin's

Victory in Round 1 of O' Gorman Cup – By Cillian Galvin

On the 20th of February, the Caimin's Under 19 rugby team faced Edmund Rice Secondary school in Round 1 of the O' Gorman Cup. There was great excitement in the lead up to the game – a game that would be the last rugby event for the Leaving Cert students on the panel.

The match started at 11 o' clock and the first kick of the game was taken by Michael Morey. Rían Sloan scored the first try for Caimin's, a score that would be significant if the match was to end in a draw, due to the 'first try' rule.



Mark Drysdale took the first conversion and scored it. Caimin's kept putting on the pressure and ended up getting penalties which resulted in a second try for the home side, scored by Jack Phelan. Unfortunately, Mark missed the second conversion, and the score remained at 12-0. Just before halftime, Edmund Rice got a try and scored the conversion, bringing the half time score to 12-7. The pressure was on for the second half.

Some of the players appeared to look down and defeated at half time, but Mr. Nolan and Mr. McDermott assured them that they were better than the other team and just had to keep working and get the first try back again. This helped the players as you could see the fight in them going into the second half.



As the second half got up and running, it was vital that Caimin's got another try, to extend the lead and



put them in a more comfortable position for the rest of the game. You could see how the halftime words inspired the lads to push through and score. Their hard work paid off and Rían Sloan scored another try, giving Mark Drysdale another chance to score a conversion, which he did successfully. Caimin's were now 19-7 up. However, Caimin's wasn't home and dry yet. Edmund Rice responded to the Caimin's try with one of their own and converted it successfully. The game was very tense from this point on, and the Caimin's team were put under constant pressure.

In the final minutes of the game, Edmund Rice scored another try, bringing the score to 19-19, with the conversion yet to come. If Edmund Rice score the conversion, it would be curtains for Caimin's. Luckily however, the pressure got to their fly half, and he missed the conversion.

The score remained a draw with the full time whistle blown. To determine the winning team, it all boiled down to the first try, which meant Caimin's automatically won the game. The joy, happiness and excitement between the players and management was great and St. Caimin's



are now through to the quarter final of the O' Gorman Cup. We wish the lads the best of luck with the rest of the competition.



Bodhrán Making with Michael Vignoles – By Ava Kelly

On Thursday the 20th of February, all TY students took part in a Bodhrán making workshop. Our instructor's name was Michael Vignoles. Michael is a bodhrán and Uilleann pipe maker, and has been making instruments for thirty years.

First, here's a little bit of history on bodhrán's. The bodhrán originates in Ireland, but is frequently used in some Scottish folk groups. It was invented in 3000 BC and many believe that the bodhrán may have originated in the farming sector as a winnowing tool, or may have been used for wool drying. A bodhrán is often featured in traditional Irish music. The technique of playing the bodhrán is an 'up and down' wrist movement with the tipper against the head of the bodhrán.

then instructed to stretch the sheet of goat's skin over the wood, then pin the sheet into place with thumb tacks and a hammer. We got to choose a stencil so we could add our own designs to the piece. Some students went with Celtic designs, while others went with their family crest for the front of the bodhrán. Students were very happy with the end product and learned a lot from the experience. In the end, Michael gave us a brilliant demonstration on how to actually play the bodhrán, along with a couple of beats. It was very interesting to learn how to make a bodhrán and something I will remember for a long time to come.



We started off with a ten-minute demonstration from Michael on how to make the bodhrán which was really interesting. Then we got a wooden piece and a packet full of materials to give us a start on making our own bodhrán. We made a start by sanding down our pieces and after that, Michael drilled two holes in them. Next, we had to put two sticks into the holes with a hammer. As soon as that was done, we each got a sheet of goat's skin for the head of the bodhrán and soaked it in water for twenty seconds, before applying the sheet to the top of the wooden piece. We were



Latest News in St. Caimin's

U17 Football – By Ava Kelly

On the 20th of February, U17 Boys football team took part in the first round of the Munster E Championship against St. Michael's Community College, Kilmihil. The game took place in Kildysart, under wet conditions, with kick off shortly after 12.00.

Caimin's got off to a good start with a high ball over the bar from 5th year student, Lee Maguire. A goal from St. Michael's put them ahead by three points, but not for long, as Caimin's responded quickly with a goal of their own. This was quickly followed by a win of the kick-out by Shane Moloney, who swiftly passed into Lee Maguire who buried the ball in the back of the net. Shay Waller launched some solid free kicks into the forward line, putting Caimin's in the lead going into half time with 2-6 to 1-4.

St. Michael's Kilmihil came out guns blazing, with the first score of the second half. Caimin's on the other hand, got off to a rocky start, with two wides but this was shortly followed by a point. Caimin's found it hard to get the ball into the forward line, despite their best efforts. With one point in it and less than ten minutes to go, an opportunity for goal presented itself to St. Michael's but was stopped short by an excellent block made by John Deasy. A free for Caimin's on the twenty-one-line was swiftly put over the bar by Lee Maguire, bringing the game to an end, and putting Caimin's on top by a goal. The final score was Caimin's 2-12, St. Michael's Kilmihil, 1-12.

There were some great performances throughout the game, and the boys showed dedication and support for each other. We wish them luck in the rest of the championship.

Irish Orals are Underway – By Áine Denis

Leaving Certificate students are feeling the pressure with the Irish orals fast approaching. After speaking with Mrs Gregan, it is clear that mock and oral exams are stressful times for Leaving cCrt students. Thankfully, Mrs Gregan has given her TY Irish class some pointers to pass on to exam students:

"You're not allowed to take in the poems, but you are allowed to take in the pronunciation."

She added, *"It is helpful to have a sheet with the words that you struggle with to help you throughout your examination."*

The Irish Orals took place this week and will continue into next week. The mock orals give students an opportunity to practice for the State examination orals that will take place later in the school year.

According to Colaisteanchraoibhin.ie, the oral tests will commence on Saturday the 1st of April and will run each day, (including Sunday) right up until Thursday the 6th of April.

According to the Studyclix.ie website, the questions most frequently asked in the Irish oral exam involve where you live, the sports you play, about yourself, your family and two or three questions about your life.

The average grade achieved by students in the Irish oral, according to masterit.ie is 100 out of the possible 150 marks. Best of luck to all students in their oral exams.

An tEarrach Thiar *le Máirtín Ó Driáin*

Fear ag glanadh cré
De ghimseán spáide
Sa gciúnas shéimh
I mbrothall lae:
Binn an fhuaim
San Earrach thiar.

Fear ag caitheamh
Cliabh dhá dhroim,
Is an fheamainn dhearg
Ag Ionrú
I dtaitneamh gréine
Ar dhuirling bháin.
Niamhrach an radharc
San Earrach thiar.

Mná i locháin
In fochtar diaidh-thrá,
A goctaí craptha,
Seáilí thíos fúthu:
Támh-radharc síothach
San Earrach thiar.

Toll-bhuillí fanna
Ag maidí rámha
Curach lán éisc
Ag teacht chun cladaigh
Ar ór-mhuir mhall
I ndeireadh lae;
San Earrach thiar.

Latest News in St. Caimin's



TY A Visits Morey Movement – By Áine Denis

Transition Year Class A visited Morey Movement this week for a day of education and exercise. Students completed a training module in the local gym as a part of their strength and conditioning class. First, students were asked to listen to the rules of the gym and a speech by Séadna Morey, before completing several exercises including;

- Goblet Squats
- Glute Bridges
- Squats
- Bench Press
- Core exercises with a resistance band
- Pull ups with gymnastics rings
- Bicep Curls



Students completed the following cardio exercises:

- Exercise bikes
- Rowing machines
- Ski machines



TY student Ruth Enright described the class as “challenging”, but rewarding, ending with the comment, “no pain no gain”. The class really enjoyed the experience and would like to thank Ms. Morey and Séadna for sharing their wealth of knowledge and expertise on strength and conditioning with them.

Latest News in St. Caimin's

U17 Soccer Quarter Final – By Shane Moloney

Caimin's recently faced Limerick Educate Together School (LETS) in the U17 Munster Quarter Final. The game took place in Lees Road in Ennis, with kick off at 12:45. The team arrived at Lees Road, got togged out, then Mr. Corry named the starting eleven. The lads put on their jerseys and then the coaches Mr. Corry and Mr. O' Connor set up the warmup. Kyle Kirby was named captain, then called for the coin toss and we took the kick off. After about 15 minutes Jan Zmija scored the first goal to put Caimin's in the lead. The goal was deserved, having been one of many near goal chances in the first half. Then after about 10 minutes Shay Waller got the second goal for Caimin's, putting them 2-0 up.

Caimin's were all over LETS for most of the game. Then it was half time and the subs started to warm up and it was time for management to make some changes.



Caimin's had most of the possession in the second half, and we really worked hard to keep the ball. After 10 minutes into the second half, Cian Conroy scored the third goal for Caimin's. There was about 15 minutes left in the match and it was time to make some more substitutions. All the subs played well and made a good impact on the match. The final whistle blew, and the game finished 2-0. Now St. Caimin's are into the semi-final of the Munster competition. The lads were happy with their win and are looking forward to the semi-final. It was a well-deserved victory for the Caimin's lads, and they hope to win in the semifinal in the coming weeks.

More Bodhrán Making



Latest News in St. Caimin's

Ms Dunne Dunne Dunne... A Short Story by TY's

Once upon a time, in a land far away, Ms Dunne was driving in her Golf Buggy with her visor on when a Columbian Mafia boss challenged her to a game of tennis.

When he beat her, she grabbed her machine gun out of the buggy and shot him in the arm, then ran him over for good measure. The Columbians went mad. They were sad. It was bad. There was war.

Ms Dunne gathered her troops and held a meeting in the Shannon Leisure centre. They went for a calming swim to relax. The Columbians bombed the leisure centre, causing a tsunami and Ms Dunne started body surfing down the pool.

She spotted her trusty machine gun and aimed it at the bomber plane. She shot it down and took the pilot out. It crashed. They won the war. And Ms Dunne saved Shannon. Happy days.



Girls Active Week Continues

