

First Year Newsletter

===== EASTER EDITION - 2023 =====

YEAR HEAD'S MESSAGE

We are just at the end of our penultimate term and the first year students are looking forward to a well deserved 2 week break for Easter. They have been very busy academically and getting involved in all their favourite sports and activities.

Here are the final school dates to put in your calendar

April 3rd : Easter Break begins.

April 14th : Return after the Easter Break.

May 1st : Bank Holiday.

June 2nd : Last day of timetabled classes

As students head into this last term, it is important to support them at home as they strive to do their best for their summer exams. Keeping up a regular routine each evening regarding homework, both written and learning will create a positive learning environment for your child. A little extra help with study plans and supervising their homework each evening for the coming weeks will help your child to truly reach their full potential in each of their subjects.

As parents, the following may be helpful

1. Check VShare for emails from the Year Head
2. Check your child's journal every night
3. Make sure subjects are written into the journal at the weekend for the week ahead
4. Make sure all homework, both written & learning are completed each evening
5. Supervise homework each evening
6. Encourage your child to make out a study plan each week to help them prepare for their summer tests

On that note, I would like to thank you for your continued support and cooperation. Enjoy the two week Easter break with your family and friends. I hope the Easter Bunny delivers eggs in abundance this year

Kindest Regards

Ms. Dalton

Year Head

#ONLINESAFETY

Tip- have regular conversations with your child about what to watch out for online. Here are just a few more helpful tips for parents.

webwise.ie

ONLINE SAFETY TIPS FOR PARENTS

- 1. GET INFORMED**
Get started by visiting webwise.ie/parents. You'll find expert advice, how to guides, explainers and helpful talking points for parents.
- 2. HAVE THE CHAT**
Have regular conversations with your child on the important things to look out for online and any potential risks.
- 3. AGREE RULES**
Agree on a clear set of rules in your home about internet use and around screentime. Remember the importance of a healthy balance!
- 4. ASK FOR HELP**
Reassure your child that they can always come talk to you about anything that comes up online.
- 5. LEAD BY EXAMPLE**
Do as you say! Modelling behaviour is the most powerful way you can influence your child's behaviour!
- 6. JOIN IN**
The internet is a great resource for children! Play your child's favourite computer game and discover the online world together.

Visit webwise.ie/parents for more expert advice, support and resources

PDST
An Roinn Oideachais agus Leasanaí
Department of Education and Skills

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GIRLS ACTIVE ANNOUNCEMENT

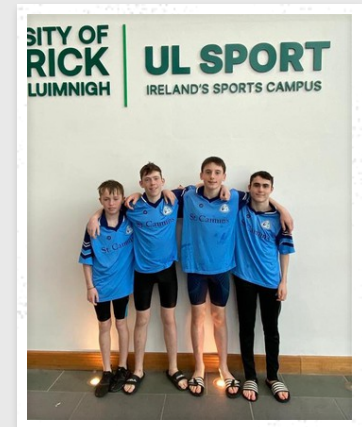
After Easter the school will hold a first year girls active programme over six weeks in the PE hall at Thursday lunchtimes. This is aimed at encouraging physical activity and building relationships within the year group. We hope to introduce girls to alternative, fun ways to exercise in order to maximise participation and increase a sustainable healthy lifestyle. The



activities will be designed to include all of the girls and no prior experience or equipment is needed. All first year girls are asked to attend and bring a tracksuit. There will be a certificate for those that complete the six weeks of the programme. Each week there will be positive points on VSWare on offer for those that engage with the programme. There will also be a trip on offer to those that fully complete the programme. If there are any questions, feel free to contact Ms O'Leary or Ms. Morey.

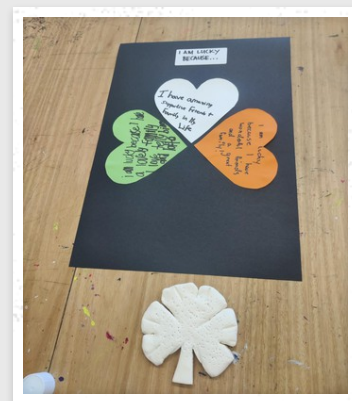
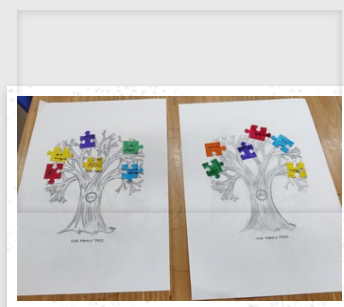
SWIMMING CLUB

A big well done to our swimmers in the Munster Championships at UL. Our relay team of Aodan, Caelan, Hugh and Odhran came fourth and Odhran who came sixth, they were only milliseconds from success. A big thank you to the parents and staff who supported the event and encouraged the students to do well.



HUNGRY FOR CREATIVITY

Class Iarla have been working very hard at lunchtime with Ms.Clohessy and Ms.Masterson. Students in 1st year and 2nd year have been meeting in the art room at lunchtime and getting their creativity on!



INTERNATIONAL WOMENS DAY

On the 8th of March, 1st year students celebrated International Womens Day by designing cards for women who inspire them!



WORLD BOOK DAY

Class Fergus, marked World Book Day 2023 by enjoying a reading class in the library. All students and staff are welcome to join our school library and enjoy the wide variety of books on offer.



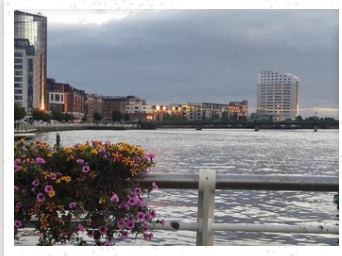
ST. BRIGID'S DAY

1st year students completed some St. Bridgid's Day mindfulness colouring



CLARE YOUTH SERVICE ART AND PHOTOGRAPHY COMPETITION

1st year student Naomi, won first prize in the photographic section in the age group 12-14, and student Gurnam won second prize.



Photographed here with older St.Caimins participants is Pat McMullan from Clare Youth Service and their Art Teacher Ms. Masterson



ACADEMIC MERIT AWARDS

Congratulations to the first years who received their academic achievement awards this term. Well done on the great effort shown by all first year students.



CAMOGIE BLITZ

On Thursday 2nd of February the first year camogie players attended the first year county camogie championships at St.Flannans School Ennis. The first game was a good warm up for the matches ahead. The team together are all determined and are quite competitive. They bore out a great one point win over Tulla. Throughout all the matches on the day the first half games wasn't their full potential but in the second half they would bring it back with determination and energetic gameplay. When they won the semi-finals everyone was so happy but also feeling tired. They had beaten Flannans and two Colaiste teams to reach the final. They met Colaiste again for the final and once again were down by a goal. With a great pep talk at halftime from the coaches the girls were ready to get back into the game. The ball stayed in their possession and with everything left in them the girls pulled through and one by a point from the player of the game Kate Monaghan with the last puck of the game. Everyone was ecstatic, an enormous performance by all on the day to claim best 1st year camogie team in the country. Halle Keogh and Olivia Darcy lifted the trophy on behalf of St.Caimins.



GIRLS SOCCER

Our first year girls soccer team were in action claiming a big win over Mungret. After a great game, they are through to the quarter finals of North Munster. Kate Monaghan and Amy Magee with the goals in a 2-0 win against Mungret.



CHARITY MATCH

St.Caimins Community School held a charity camogie match in aid of ACT for Meningitis organisation on the 29th of March 2023. Last December, the school was shocked and saddened when they lost one of their Leaving Certificate students, Aoife Johnston, to meningitis. The school would like to raise awareness and much needed funds for this organisation through our Staff vs Students camogie match. All donations, however big or small, would be greatly appreciated.



ST. CAIMIN'S CHARITY CAMOGIE MATCH



*In Aid of ACT for
Meningitis*



STUDENTS V'S TEACHERS

Wednesday March 29th – 2:10 pm

School Pitch

Donations welcome on the day or

Scan the QR code!

Scan to donate



gofundme

ACT FOR MENINGITIS

HAPPY EASTER FROM ALL THE STAFF AT
ST.CAIMINS COMMUNITY SCHOOL

Happy
Easter

