



Parent/Guardian Check in September 2025

1st Year Students

Respect Difference

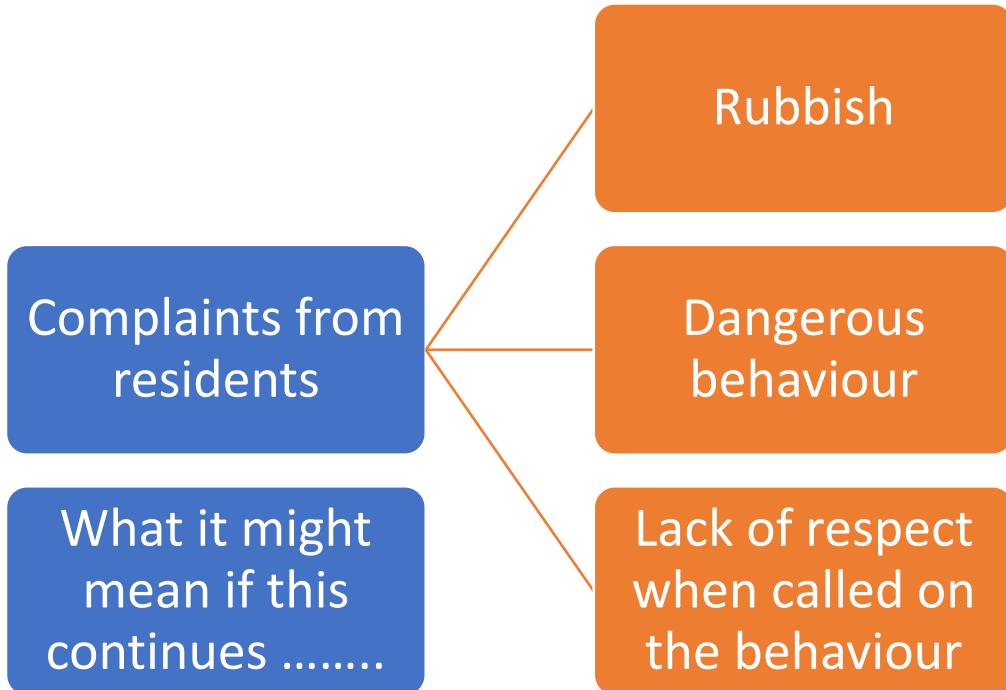


Respect Diversity

Our Mission Statement

- Every person is valued equally in accordance with our Christian Tradition at St. Caimin's School.
- ***Each person within the school community can enjoy developing to the fullest, while feeling cared for and safe.***
- Our educational structures are ordered, based on tolerance, fairness and respect, while sensitive to our changing world

Our Local Community



	Classrooms	Lockers	Corridors & Yard	Canteen	Toilets
Be Ready 	• Be on time • Have your journal and equipment • Be ready to learn	• Use in the morning, at break time and lunchtime	• Line up on one side outside the classroom	• Line up at lunch queue • Be patient and cooperative • Follow all staff requests	• Use in the morning, at break time and lunchtime or with permission slip from teacher
Be Respectful 	• One voice • Hand up • Listen, and support classmates • Respect your space	• Be patient and wait your turn	• Use appropriate language • Be mindful of your safety and that of others	• Use 'please' and 'thank you' when it is due • Clean the space you eat at	• Be considerate of others needs • Respect the space and keep it tidy for everyone
Be Responsible 	• Take ownership of your learning • Be involved • Know your goals and targets	• Keep your locker area tidy • Keep it locked and never share your code	• Place your rubbish in the designated bin • Give way where you can • No mobile phones between classes	• Place your rubbish in the designated bin	• Wash your hands after use • Report areas that need attention • Toilets are not a social area to congregate

Lost Minutes = Lost Learning

Bee On Time



Timekeeping

Regular school attendance and punctuality are essential factors in students learning

Attendance

- Attendance is so important and links with how well a student can achieve
- A student who is absent is required to keep up with school work
- Absences need to be recorded on the VSware App
- Students must attend school for duration of school day
- Student must get permission from year head to leave the school grounds



Attendance Tracking

Minister McEntee – “Regular attendance in school is essential not just for academic achievement, but for wellbeing, social development and long-term life outcomes”

Attendance is tracked by Year heads and Attendance Co Ordinator – Mr Aherne

- **5 days absent** – text sent
- **10 days absent** – E mail sent
- **12 days absent** – Contacted by Mr Aherne by phone call
- **15 days absent** – In school meeting with Mr Aherne
- **20 days absent** – Referral made to TUSLA to be taken up by education welfare officer.

What parents can do to help

- **Be active on Vs ware.** Make sure all absent days are accounted for with a reason through the Vs ware system.
- **Partial days** – If a student is arriving late or leaving school early, this must be submitted with a reason on Vs ware so that the student can sign out. **It is never acceptable for a student to leave school without following this process.**
- **Medical Certs** – If a student has been to a doctor, please submit copy of cert to the office.
- **Holidays** – Should not be taken during the school term.



Homework and Learning to Learn

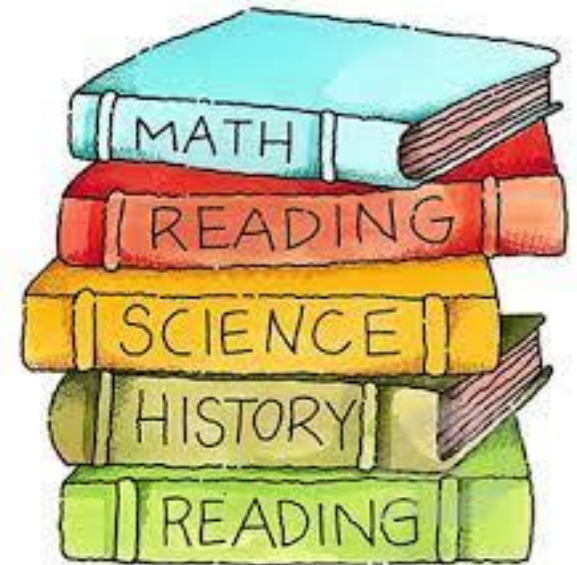


Success Criteria

There is a genuine attempt made by the pupil to complete the homework to the best of his/her ability and to submit the work at a pre-agreed time.

Why do we do Homework?

- ✓ Help us build on what we have learned in class
- ✓ Practice skills
- ✓ Ensure we understand new topics/concepts
- ✓ Help prepare for next class
- ✓ Help prepare for examinations





ST. CAIMIN'S
COMMUNITY SCHOOL
SCOIL PHOBAIL CHAIMIN NA OFA



First Year Journal
2020-2021

Student Name: _____

Class: _____

The Homework Journal

- ✓ The place where all homework is recorded
- ✓ Homework is recorded at the end of each class – there are many different types of homework
- ✓ Parents and guardians should ensure that the student completes all homework to the best of his/her ability.
- ✓ Parents should inform the teacher of any difficulties by means of a written note in the journal.

	SUBJECT	HOMEWORK	DUE	DONE
29 MONDAY Lundi • Montag • Lunes • Lunedi • Dé Luain	English			
	Science			
	Art			
	Irish			
	Geography			
	History			

Don't Forget:

30 TUESDAY Mardi • Dienstag • Martes • Martedì • Dé Máirt	Geography			
	Maths			
	SPHE			
	CSPE			
	Home Ec.			
	Irish			
	German			

Don't Forget:

Homework can include the following types of activity:

- Development of oral/listening skills
- Drafting/Writing of essays/articles/speeches/short stories/dialogues/poems
- Learning by rote
- Listening to and/or viewing radio or TV programmes/use of internet
- Drawing and illustrating
- Making notes
- Reviewing
- Watching a TV programme
- Reading for pleasure
- Reading for information and memorising
- Preparation of presentations
- Practice of exam techniques
- Research/Project work
- Revision
- Visits to relevant museums, art galleries, theatre and other places of interest and relevance to subjects and related assignments

Homework Routine



Establish a timeline



Allow for free time – build in around other activities (sport/music/clubs etc.)



Pick a spot for homework – no distractions (mobile phone etc.)



Build in revision time



Tackle difficult work first

How long should I spend on homework?

Year	Guide time
First Year	1.5 hours
Second Year	2 – 2.5 hours
Third Year	2.5 – 3 hours
LC1	2.5 – 3 hours
LC2	3 – 4 hours

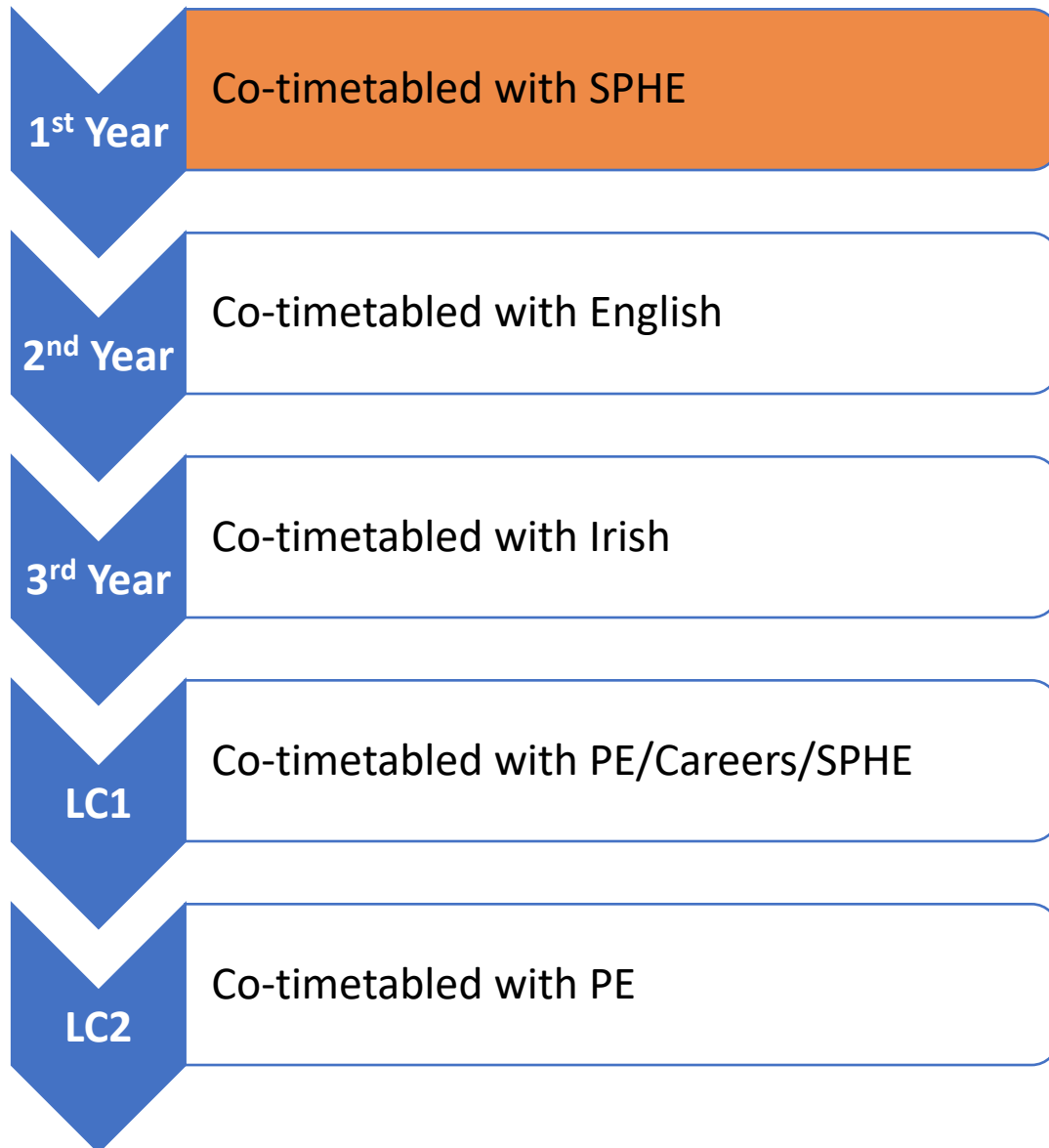
What happens if I miss a class?

- Find out from a Friend
- Check your class Team
- Message your teacher
- If ill – catch up when you can
but talk to the teacher



-
- A stylized illustration of a human head profile in white against a dark blue background. The interior of the head is filled with a complex arrangement of interlocking gears and smaller circular icons. These icons represent various fields of study: science (DNA helix, microscope, test tubes, H
- ₂
- O molecule), mathematics (numbers like 5, 7, 2, +, %, square root symbols), physics (cubic diagram with letters a, b, c, H atom), biology (microscope, DNA), and general knowledge (globe, person running). The overall design conveys the concept of interdisciplinary research and intellectual synthesis.

Learning to Learn across the Curriculum



Content

Homework and procrastination management - SMART goal setting using journals and graph grids - Study plans and techniques: mind maps, flashcards, whizz grids, Cornell notes.

Focus = Developing foundational learning and study habits.



*St Caimin's
Community
School*

[Calendar](#)

[Admissions](#)

[Wellbeing](#)

[About us](#)

[Documents](#)

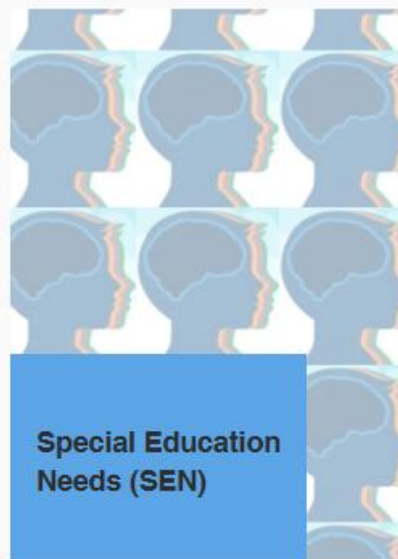
[School Shop](#)

[Educational
Support](#)

[School
Community](#)



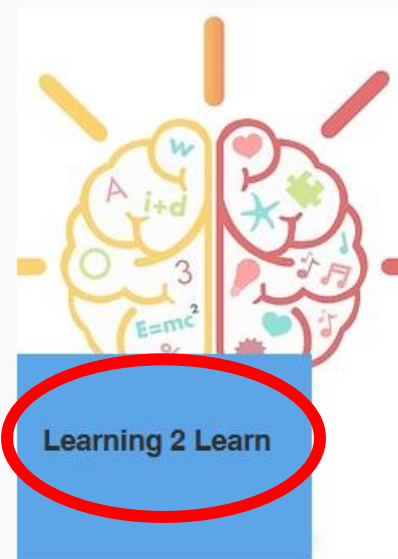
Guidance



**Special Education
Needs (SEN)**



Student Support



Learning 2 Learn

Contact Us

Tel: 061 - 364211

Email:

info@stcaimins.ie

Address

Tullyvarraga,
Shannon, Co. Clare
V14 XY54

To access our Learning 2 Learn resource portal please click on the image below.



Goal Setting and Reflection Resources:

[Goal Setting](#)

[Target Setting](#)

[Type of Learner](#)

[CAO Target Tracker](#)

[Target Grade Chart](#)

[Target Setting and Study Planning](#)

[Monthly Tracker](#)

[Reflection on Learning](#)

Study Skills and Planning

[Introduction to Study](#)

[Study Skills Presentation](#)

[Different Study Techniques](#)

[Developing a Study Plan](#)

[Learning Aids and Strategies](#)

[Exam Preparation](#)

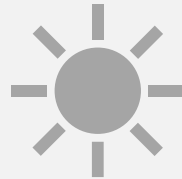
[Graphic Organisers](#)

[Note Taking](#)

Assessment 1st years 2025- 2026



Continuous Assessment (3
pieces of work)



House Exams

Academic Tracking – Year Head Support



1/7 subjects above potential



5th Year Summer

Subject	Result	Grade
Biology	46 (H)	H6
Engineering	70 (H)	H3
English	66 (H)	H4
Geography	50 (H)	H5
German	42 (H)	H6
Irish	58 (H)	H5
Mathematics	39 (H)	H7
Average	53.0	
Total CAO points		347

■ Above Potential ■ In line with Potential ■ Below Potential

6/7 subjects above potential



5th Year Summer

Subject	Result	Grade
Biology	86 (H)	H2
English	80 (H)	H2
French	66 (H)	H4
Home Economics	99 (H)	H1
Irish	79 (H)	H3
Mathematics	81 (O)	O2
Visual Art	94 (H)	H1
Average	83.6	
Total CAO points		519

■ Above Potential ■ In line with Potential ■ Below Potential



Additional Supports



What is VSware?

- VSware is our Data Management System
- It records:
 - Attendance
 - Behaviour
 - Assessments
 - Timetables
 - Student information





Parent Dashboard



Welcome to the Dashboard

This page is your one-stop-shop to view live notifications on your student's attendance, behaviour, reports and more. If you want to explore further, click into your student's profile.



Your Students



Your Contact Details



Notifications

Nothing to report!

Notifications related to your students will appear here when available.

Pick an area to explore



Attendance

Monitor your student's attendance at a glance, view records from an entire year or specific lesson.

[Learn More →](#)



Assessment

View your student's full academic record, track progress over time and download term assessments.

[Learn More →](#)



Behaviour

Keep track of your student's behaviour, monitor progress & teacher feedback.

[Learn More →](#)



Timetable

View your student's timetable, see realtime data for which lesson they are in at any given time.

[Learn More →](#)



Personal Info

Overview of your student's key info. Ensure that this is up to date.

[Learn More →](#)



Fees

Overview of school fees for the year, pay directly via card online.

[Learn More →](#)



Student Options

Submit next year's subject preferences directly to the school.

[Learn More →](#)

Absence Requests

Filter by Attendance Type:

✓ All Pending Approved Rejected

Dates	Status	Absence Reason
09/11/2021	Approved	Illness

1 - 1 of 1 < >

Submit Absence

Submit Absence

Please select the absence type below



Past Absence



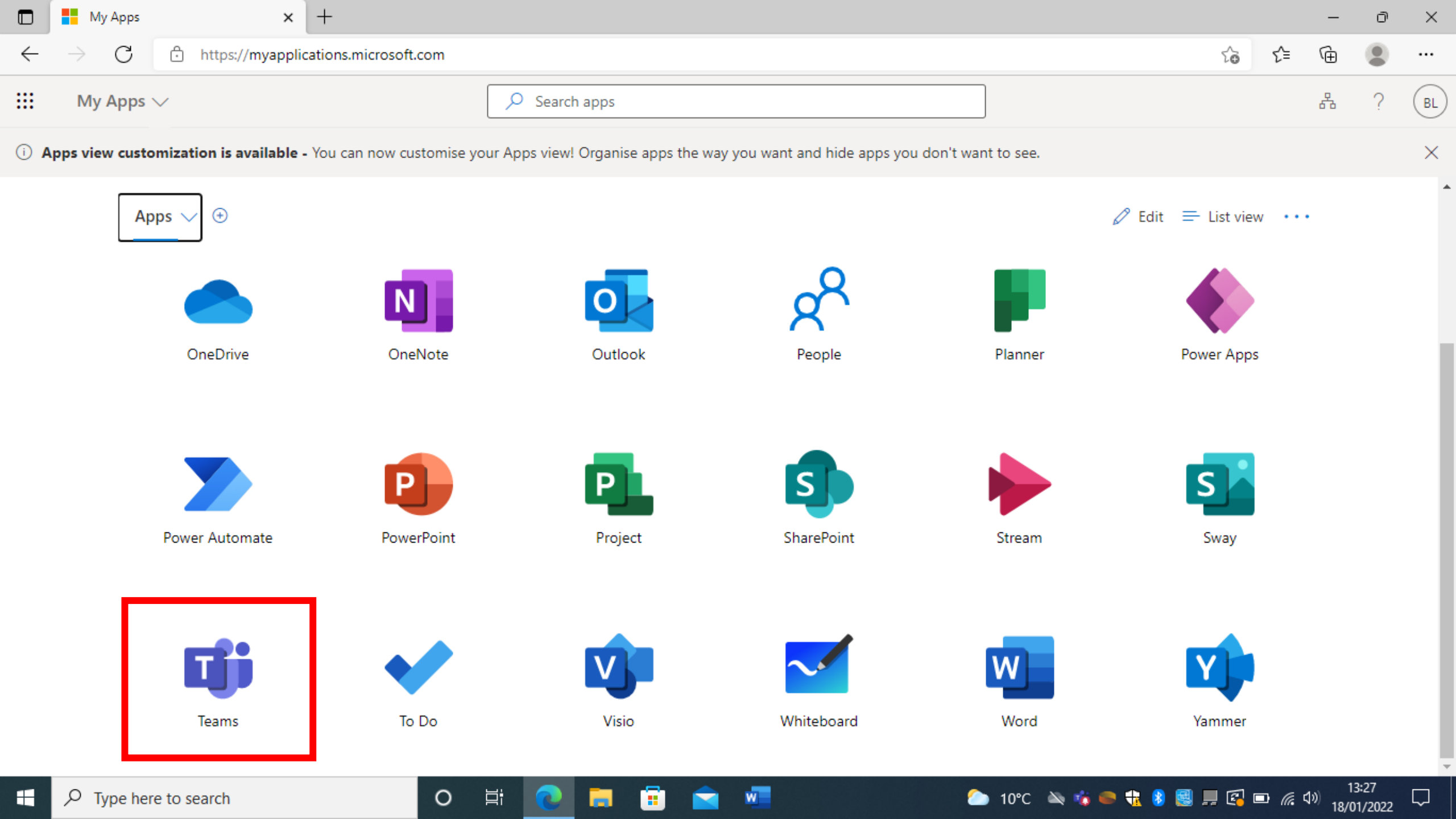
Future Absence

Next

[Go Back](#)



What is Teams?



OneDrive



OneNote



Outlook



People



Planner



Power Apps



Power Automate



PowerPoint



Project



SharePoint



Stream



Sway



Teams



To Do



Visio



Whiteboard



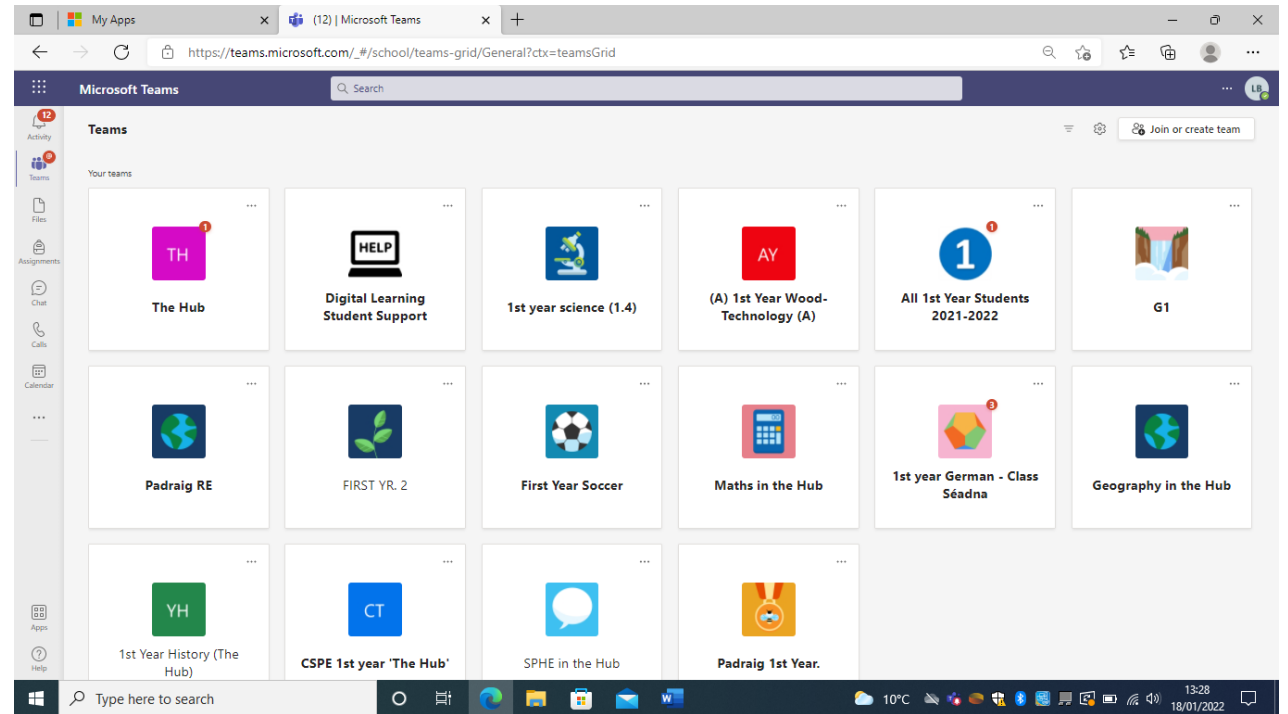
Word



Yammer

What happens in a Team?

- Learning space for students
- Teacher has a Team set up for their class/sports team/club etc.
- Share resources with students
- Submit assignments
- Engage in class discussions
- Can chat teacher if help is needed
- Catch up on classwork if absent





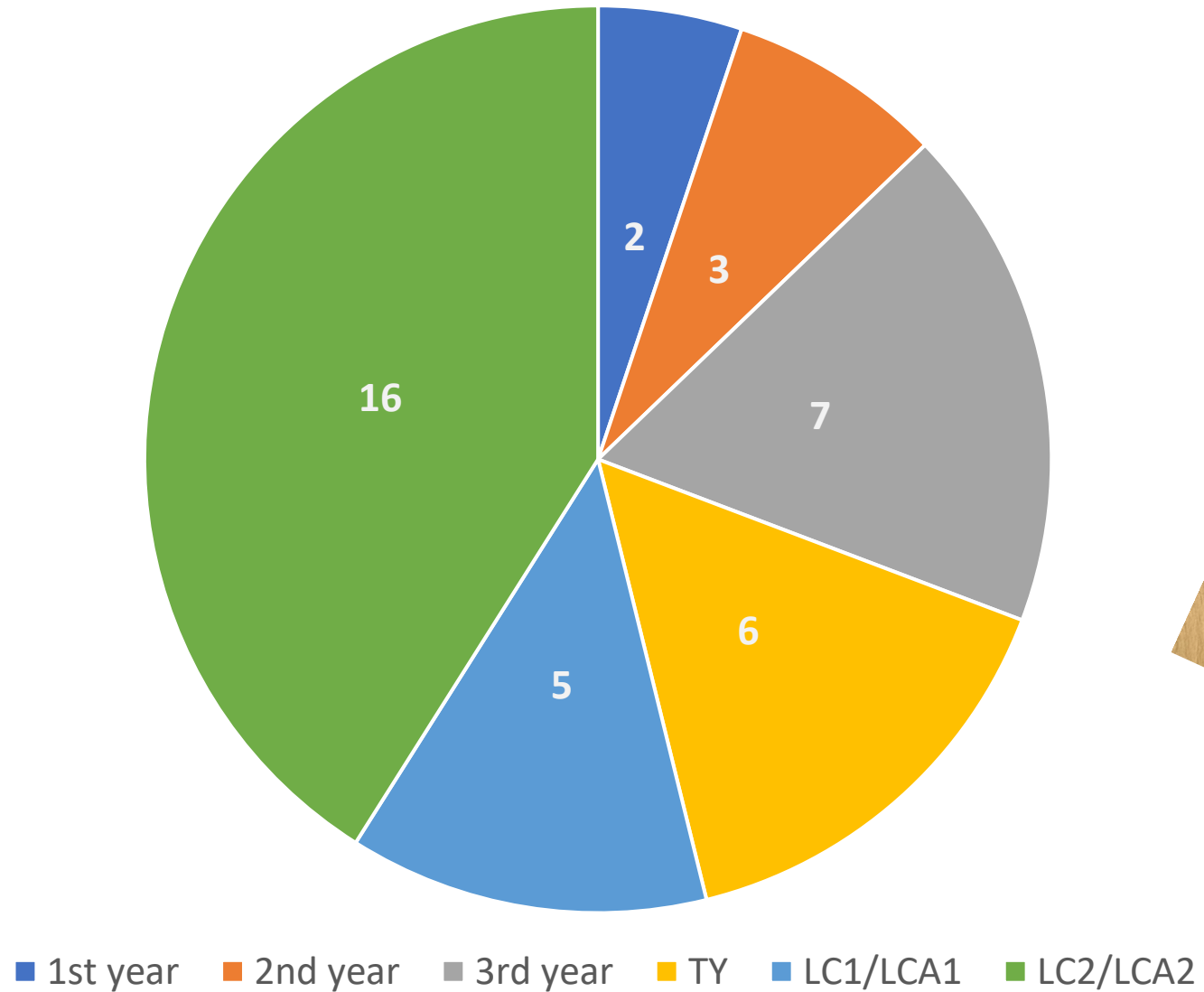
Mobile Phones

Phone Free Zone

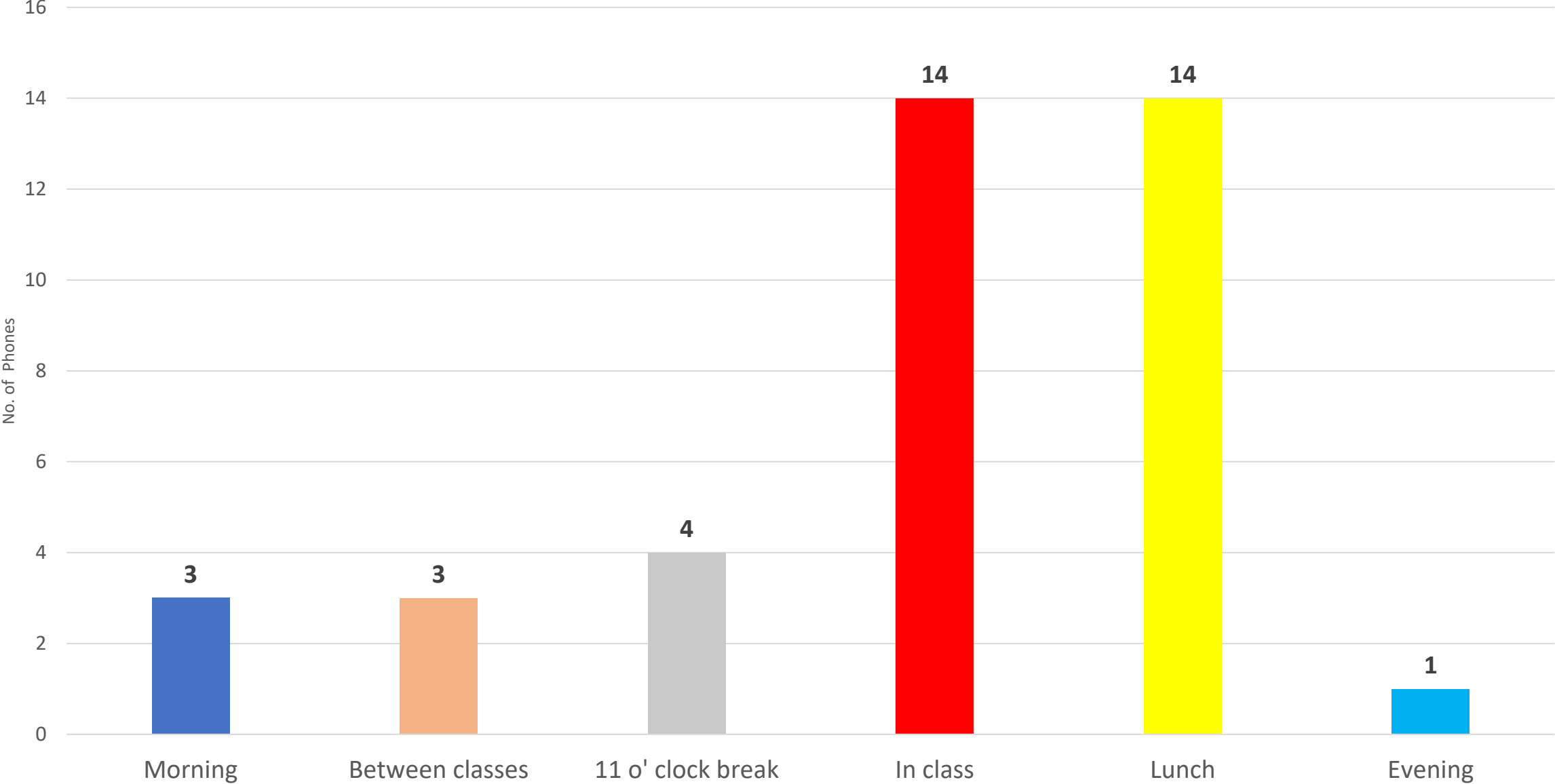
*A phone free zone means that during the school day students are not permitted to have access to their phones. Students will store their mobile devices, which must be **powered off**, in locked pouches on their person or in their school bag or in their locker during the school day.*



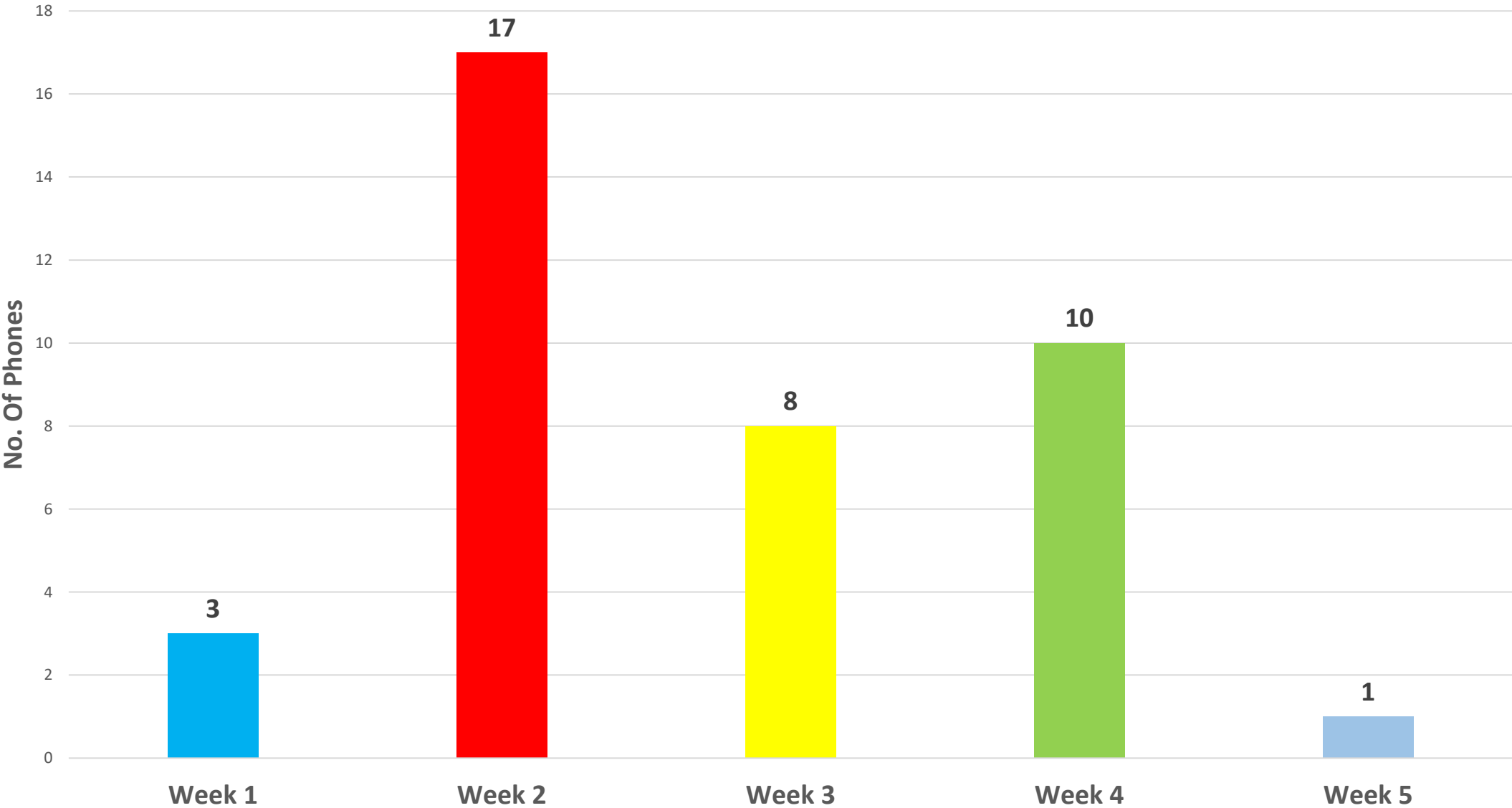
Break down of confiscated phones by year group (n=39)



Loction/Time the phone was confiscated (n=39)



Phone Confiscation by week (n=39)





Concerns around overuse of an electronic device

Excessive use of electronic devices has been linked with:

- Interference with social activities and family time
- Interference with sleep
- Damage to mental health
- Impacts concentration

Agree to Agree

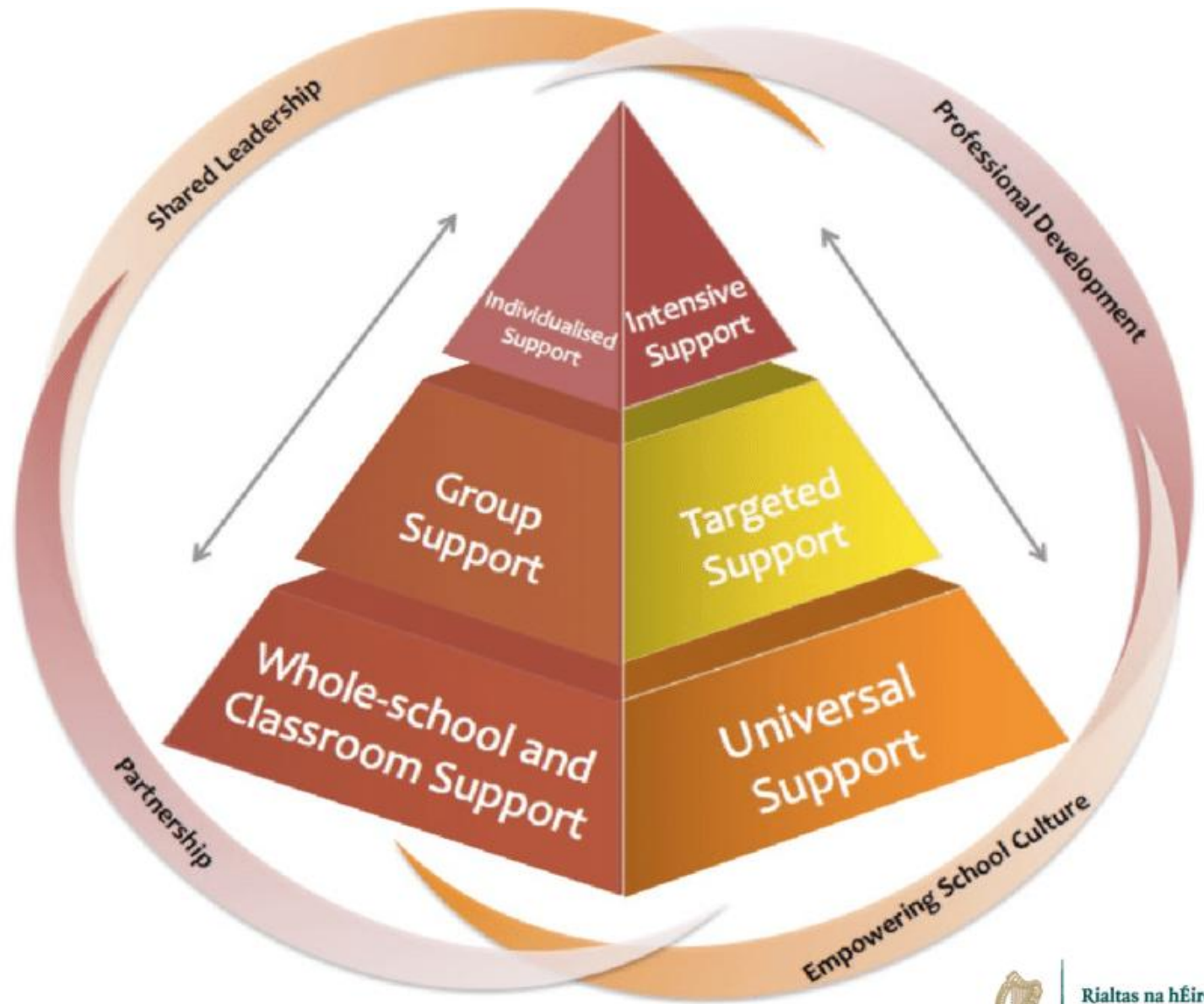
- This initiative supports schools in working collaboratively with their wider communities to develop a shared understanding and agreed approach to pupils' use of internet-enabled devices.
- School Leaders, Members of PA and BOM Nominee.
 - Use of digital devices
 - Norms for our children's online lives
 - Identifying key issues
 - Practical tips for parents and students



Parents'
Association
2025 - 2026



Student Support





Wellbeing Supports

Contact our Student Support Team

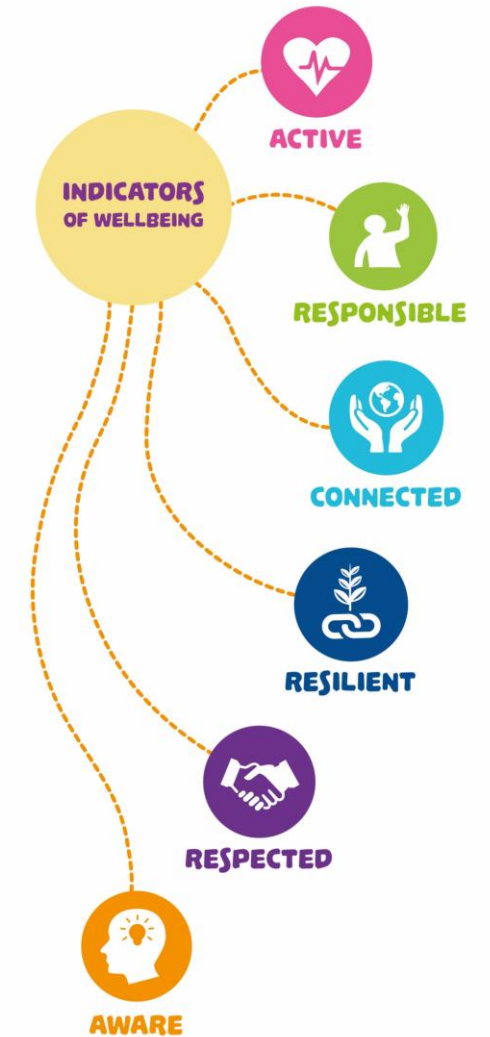
- Principal/Deputy Principal
- Guidance Counsellor
- Chaplain
- SEN Coordinator
- Year Heads

Supports include

- Breakfast Club 8.15am -9.45am in room 143
- Homework Club 8.15am -9.45am in room 157
- CAMHS
- Tulsa
- Occasionally External Counsellors & Art Therapy
- Talks from External agencies
- Wellbeing Week, Celebrate Us Week & Stand Up Awareness Week.

Wellbeing Provision 2025 - 2026

Subject/Activity	Time allocation over 3 years	Explanation of time allocation
PE	132 hours	2 x 40-minute classes per week over three years
SPHE	100 hours	5 x 40-minute classes per week over three years
CSPE	100 hours	5 x 40-minute classes per week over three years
Celebrate Us Week	8 hours	Activities to occur over three years
Wellbeing Week	8 hours	Activities to occur over three years
Active week	8 hours	Activities to occur over three years
Mentoring/Induction for 1 st Years	8 hours	Activities to occur over one day in year 1
Guidance and Learning to Learn	47.5 hours	Option rotations and timetabled Learning 2 Learn sessions.
Reading for Pleasure (English) – Accelerated Reading	22 hours	1 x 40 minute class per week in year 1
TOTAL	433.5 Hours	



Extracurricular Schedule 2025 - 2026

Involvement in extracurricular activities builds teamwork, communication, relationships, and a sense of belonging, all of which help students to develop socially and emotionally.

Participation in extracurricular activities demonstrates the importance of being part of a community. Involvement in such groups also have shown been linked to

- Developing the ability to manage oneself
- Increase time management skills
- Increased confidence
- Increased academic performance
- Physical health gains







Extra-curricular Activities 2025 – 2026



	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	8.20 – 8.55: Breakfast club (room 140)	8.20 – 8.55: Breakfast club (room 140)	8.20 – 8.55: Breakfast club (room 140)	8.20 – 8.55: Breakfast club (room 140)	8.20 – 8.55: Breakfast club (room 140)
Lunchtime	1.15 – 2.00: Games club (room 205)	1.15 – 2.00: - Games club (room 205) - Trad. Group (room 152)	1.15 – 2.00: - Games club (room 205) - Junior and Senior Football (girls) - Junior SVP (room 156 A)	1.15 – 2.00: Art Club/Junk Kouture (Room 141)	1.15 – 2.00: Games club (room 205)
After School	4.10 – 5.00: - Homework club (126) - Junior and Senior Camogie	4.10 – 5.00: Homework club (126)	3.30 – 4.30: - Homework club (126) - Junior and Senior girls' soccer 1st Year, Under 15, Senior Hurling - Junior and Senior Football (boys) - Girls' basketball	3.30 – 4.30: - Homework club (126) - Junior and Senior Camogie - Boys' basketball	



Teaching Post
Application forms
2025 - 2026

Extracurricular
Activities
2025 - 2026

Term
Newsletters

2nd Year CBAs
3rd Year CBAs

Principal's Welcome Message



Student
Blog



Student
Podcast



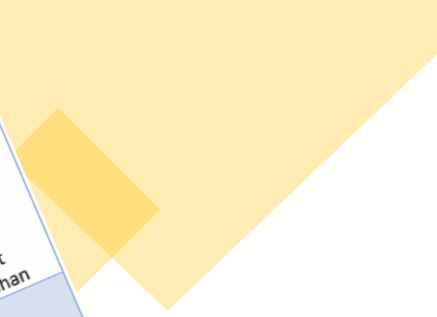
Student
Newspaper





Name of Activity	Description of general activities of club	When and where do the club meet	Who should be contacted if students want to join
Breakfast Club	THE BREAKFAST CLUB - A GENTLE START TO YOUR DAY-OPEN TO ALL Every morning Monday to Friday from 8.15 to 8.45 a few teachers host the breakfast club with assistance from some students. This facility is in Room 143, the Home Ec room. Everyone is welcome. It is a lovely opportunity to meet up with others, have a cup of tea or juice and toast and a pleasant chat. Runs at lunchtimes in 205. Open to everyone, operates a 'Leave no Trace' policy. Students clean up after themselves.	Room 143 every morning	Open to all
Games at lunchtime Club	An invitation to the homework club is extended through the year head and homework club facilitators to students from 1st to 3rd year.	Lunchtimes	Ms McDonnell
Homework Club	Online Team, all year groups	After school Monday to Thursday - room 126 (90 minutes)	Mr Nolan
Environmental Club	Traditional Group is open to aspiring musicians hoping to develop their skills in Irish Traditional Music. You will get the opportunity to learn new tunes in a fun and positive environment and perform at various events throughout the year.	Music Room (Room 152) at lunch times on Tuesdays.	Ms McDonnell
Traditional Music Group	1 st year induction programme for incoming students to the school. Open to Senior students who self-nominate for the position in March of each year.	Training takes place in May and August. Induction Days in August/ September	Ms Killeen Ms Fahey
Meitheal Mentoring Programme	Competing in both Munster and Clare competitions. S&C Training. Bonding activities.	Trainings after school or lunches depending on matches. Training after school & Monday and	Ms. Roche
Senior Camogie			Ms O Leary Ms O Loughlin Ms O Connell Ms Phelan Ms Morey

Name of Activity	Description of general activities of club	When and where do the club meet	Who should be contacted if students want to join
Junior Soccer	Competing in both Clare and Munster Competitions. Training is after school.	Training can be on the school pitches or in the PE hall.	Boys: Mr Corry Mr Nolan
Senior Soccer	Competing in both Clare and Munster Competitions. Training is after school.	<u>Girls</u> training: After school on Wednesdays Training can be on the school pitches or in the PE hall.	Girls: Mr. Corbett Ms. Counihan
1st Year Hurling	Competing in Blitz competitions throughout the year. Training can be after school or lunch while competitions are active.	<u>Girls</u> training: After school on Wednesdays Training takes place after school on Mondays and Wednesdays. It can be on the school pitches, in the PE hall or in the school gym.	Boys: Mr Corry Mr O'Brien
Under 15 Hurling	Competing in both Clare and Munster Competitions. Training can be after school or lunch while competitions are active.	Training can be on the school pitches, in the PE hall or Strength and Conditioning sessions in the school gym. After school on Wednesday	Girls: Mr. Corbett Ms. Counihan Mr Cunningham Mr Corry
Under 17 Hurling	Competing in both Clare and Munster Competitions. Training can be after school or lunch while competitions are active.	Training happens after school on Thursday, and it can be on the school pitches, in the PE hall or in the school gym.	Mr Corry Mr Corry



Lunch Time Activites - Bench Ball Competition

Hello [All 1st Year Students 2025-2026](#)

Our lunch time activates will kick off tomorrow for **Class Brid and Class Fiachra**. The following information is important to know so that we can have as much time for the activity as possible.

1. Arrive before 1:25 as the door will be locked then. The role will be taken and the rules explained.
2. It will finish at 1:50.
3. There is no need to change out of uniform.
4. We will all remain in the hall until the games have finished.

Attached below is the break down of the teams for this event. We look forward to seeing you all there tomorrow.

You're
Cordially
Invited to

.....



Where: St. Caimin's Community School

When: 19th, 20th & 21st of November

1st Year Option Taster

- **First Term:** Students spend 1 week tasting each subject.
- **Choose 2 Options to study for 3-year Junior Cycle**
- **On the Option Form select on VSware** 1(most preferred) to 7 (least preferred).
- **Number all 7 options** so we can try to avoid your 6th/7th choice.
- **No Guarantee** you will get 1st and 2nd choice.

Key Dates	Action Required
First Term	Students try all Options
Start of October	Online Form Issued
Middle of October	Online Form Completed
Before Mid-term Break	Students placed in Option Classes

Contact Information

	Responsibility of	Contact Information
1 st Year	Mr Keane	gerard.keane@stcaimins.ie
2 nd Years	Ms McSweeney	siobhan.mcsweeney@stcaimins.ie
3 rd Years	Ms O'Loughlin	tara.oloughlin@stcaimins.ie
LC1/LCA1/TY	Ms Dalton	mary.dalton@stcaimins.ie
LC2/LCA2	Ms Ryan Quinn	michelle.ryan@stcaimins.ie
SEN Queries	Ms Maguire	patricia.maguire@stcaimins.ie
Chaplain	Ms Guinnane	cora.guinnane@stcaimins.ie
Guidance	Ms Fitzpatrick	hannah.fitzpatrick@stcaimins.ie

