



Parent/Guardian Check in September 2025

Senior Cycle Students

Respect Difference

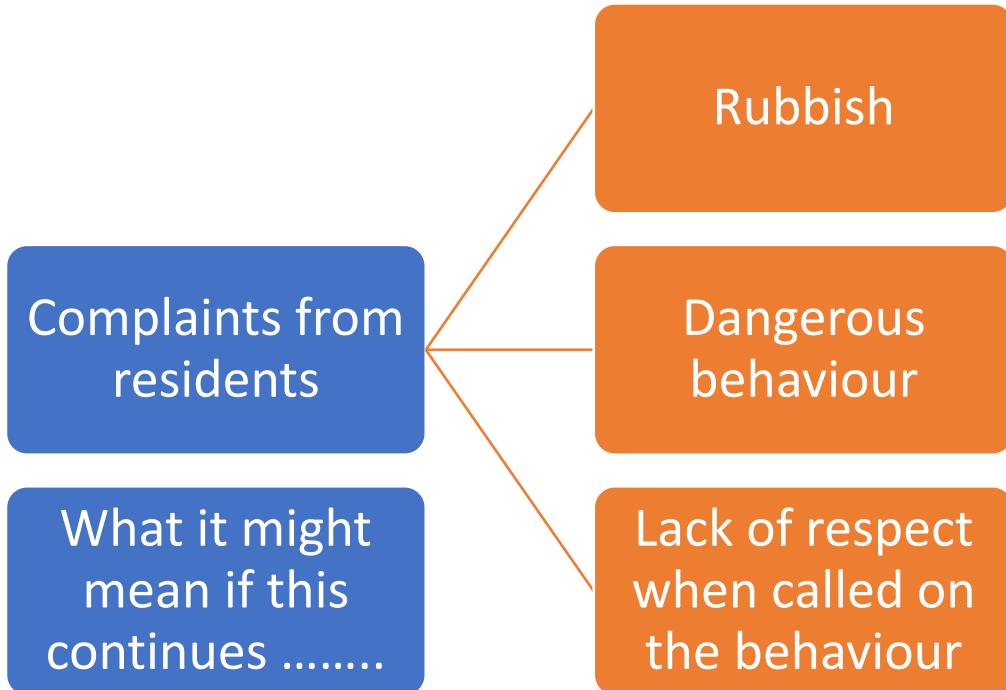


Respect Diversity

Our Mission Statement

- Every person is valued equally in accordance with our Christian Tradition at St. Caimin's School.
- ***Each person within the school community can enjoy developing to the fullest, while feeling cared for and safe.***
- Our educational structures are ordered, based on tolerance, fairness and respect, while sensitive to our changing world

Our Local Community



	Classrooms	Lockers	Corridors & Yard	Canteen	Toilets
Be Ready 	• Be on time • Have your journal and equipment • Be ready to learn	• Use in the morning, at break time and lunchtime	• Line up on one side outside the classroom	• Line up at lunch queue • Be patient and cooperative • Follow all staff requests	• Use in the morning, at break time and lunchtime or with permission slip from teacher
Be Respectful 	• One voice • Hand up • Listen, and support classmates • Respect your space	• Be patient and wait your turn	• Use appropriate language • Be mindful of your safety and that of others	• Use 'please' and 'thank you' when it is due • Clean the space you eat at	• Be considerate of others needs • Respect the space and keep it tidy for everyone
Be Responsible 	• Take ownership of your learning • Be involved • Know your goals and targets	• Keep your locker area tidy • Keep it locked and never share your code	• Place your rubbish in the designated bin • Give way where you can • No mobile phones between classes	• Place your rubbish in the designated bin	• Wash your hands after use • Report areas that need attention • Toilets are not a social area to congregate

Lost Minutes = Lost Learning

Bee On Time



Timekeeping

Regular school attendance and punctuality are essential factors in students learning

Attendance

- Attendance is so important and links with how well a student can achieve
- A student who is absent is required to keep up with school work
- Absences need to be recorded on the VSware App
- Students must attend school for duration of school day
- Student must get permission from year head to leave the school grounds



Attendance Tracking

Minister McEntee – “Regular attendance in school is essential not just for academic achievement, but for wellbeing, social development and long-term life outcomes”

Attendance is tracked by Year heads and Attendance Co Ordinator – Mr Aherne

- **5 days absent** – text sent
- **10 days absent** – E mail sent
- **12 days absent** – Contacted by Mr Aherne by phone call
- **15 days absent** – In school meeting with Mr Aherne
- **20 days absent** – Referral made to TUSLA to be taken up by education welfare officer.

What parents can do to help

- **Be active on Vs ware.** Make sure all absent days are accounted for with a reason through the Vs ware system.
- **Partial days** – If a student is arriving late or leaving school early, this must be submitted with a reason on Vs ware so that the student can sign out. **It is never acceptable for a student to leave school without following this process.**
- **Medical Certs** – If a student has been to a doctor, please submit copy of cert to the office.
- **Holidays** – Should not be taken during the school term.



Learning to Learn

Homework Routine



Establish a timeline



Allow for free time – build in around other activities (sport/music/clubs etc.)



Pick a spot for homework – no distractions (mobile phone etc.)



Build in revision time



Tackle difficult work first

How long should I spend on homework?

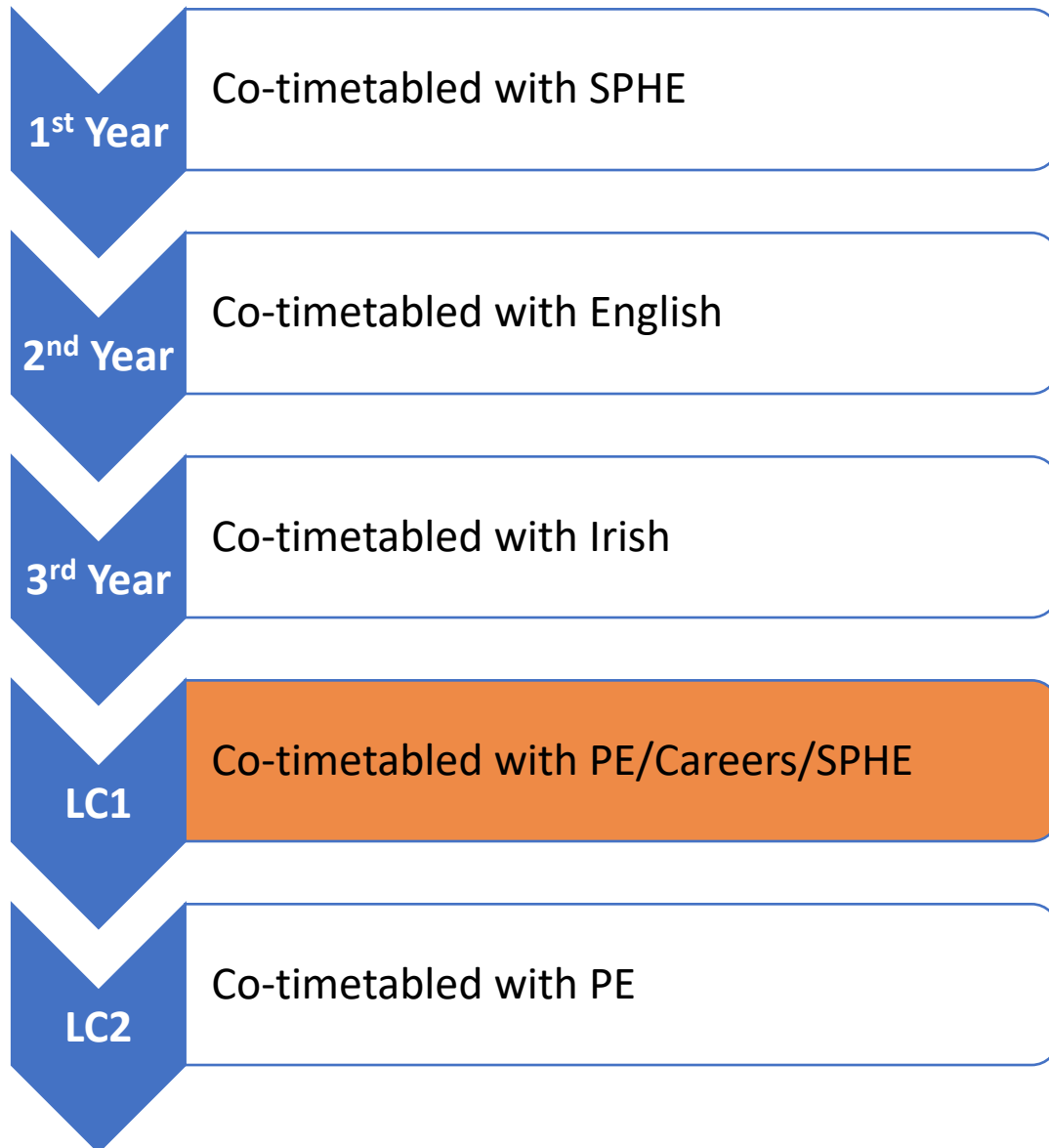
Year	Guide time
First Year	1.5 hours
Second Year	2 – 2.5 hours
Third Year	2.5 – 3 hours
LC1	2.5 – 3 hours
LC2	3 – 4 hours

Learning to Learn

- Build into curriculum provision from 1st Year through to LC2
- Class group and individual support provided
- Additional information available on the school website in relation to Learning to Learn



Learning to Learn across the Curriculum

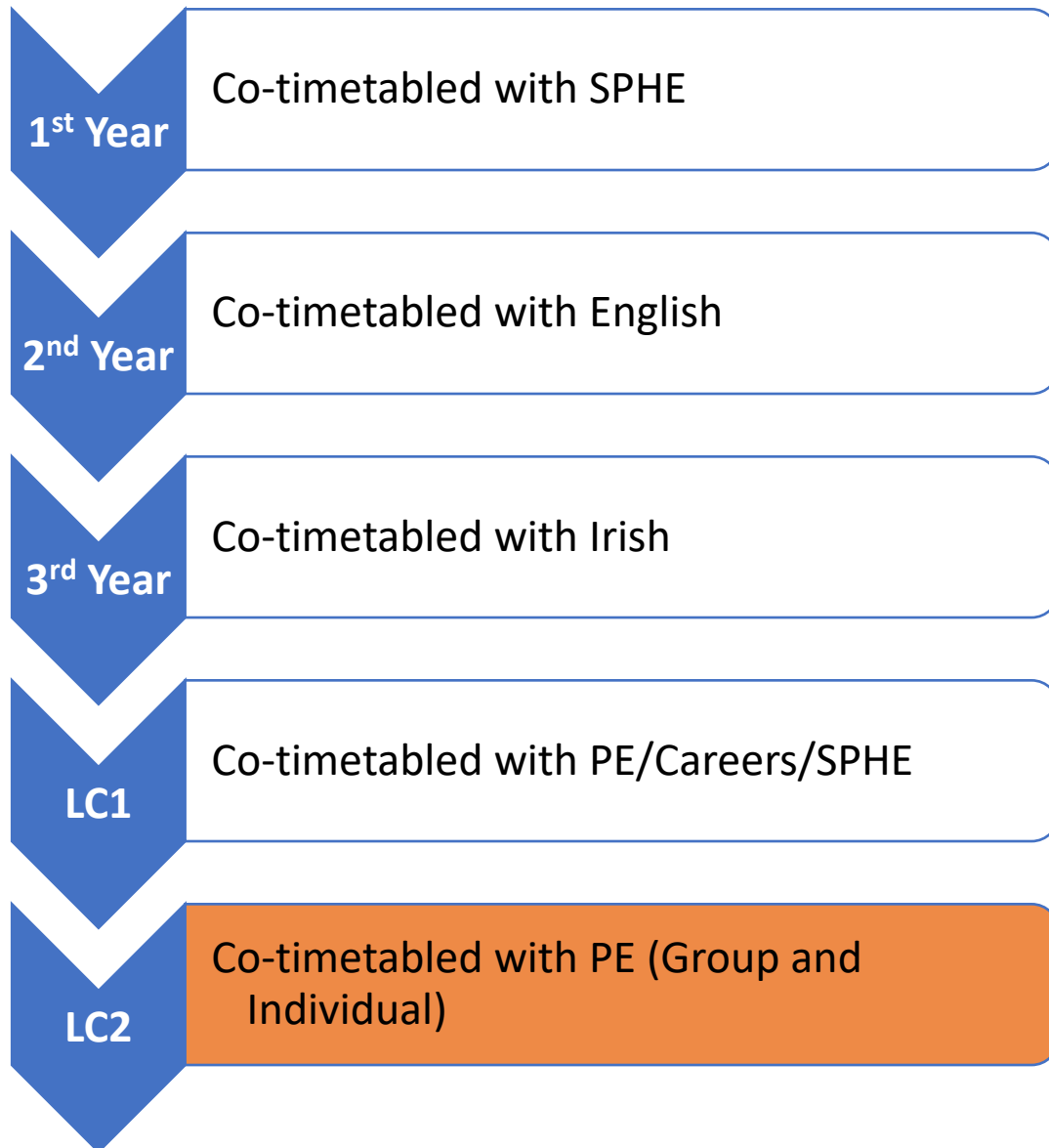


Content

Online Learning to Learn Programme - Target setting using journals - Study plans and organisation - Techniques: spaced learning, active techniques (POKER, mind maps, flashcards, knowledge organisers) - Procrastination management - Sleep and well-being.

Focus = Building advanced learning strategies and promoting active reflection and adjustment of study habits.

Learning to Learn across the Curriculum



Content

Continuation of LTL program from LC1 - Individual support sessions. Traffic light system for LC content review - Weekly study plans - SMART goals - Spaced learning and retrieval practice – Active learning strategies - Reflection and well-being focus.

Focus = Intensive exam preparation with tailored guidance and reinforcement of active and spaced learning methodologies.

Academic Tracking – Year Head Support



1/7 subjects above potential



5th Year Summer

Subject	Result	Grade
Biology	46 (H)	H6
Engineering	70 (H)	H3
English	66 (H)	H4
Geography	50 (H)	H5
German	42 (H)	H6
Irish	58 (H)	H5
Mathematics	39 (H)	H7
Average	53.0	
Total CAO points		347

■ Above Potential ■ In line with Potential ■ Below Potential

6/7 subjects above potential



5th Year Summer

Subject	Result	Grade
Biology	86 (H)	H2
English	80 (H)	H2
French	66 (H)	H4
Home Economics	99 (H)	H1
Irish	79 (H)	H3
Mathematics	81 (O)	O2
Visual Art	94 (H)	H1
Average	83.6	
Total CAO points		519

■ Above Potential ■ In line with Potential ■ Below Potential



*St Caimin's
Community
School*

[Calendar](#)

[Admissions](#)

[Wellbeing](#)

[About us](#)

[Documents](#)

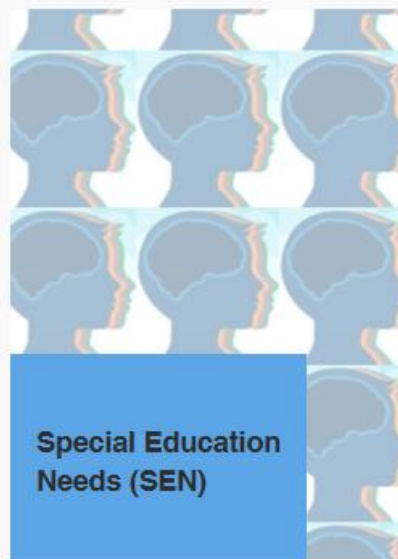
[School Shop](#)

[Educational
Support](#)

[School
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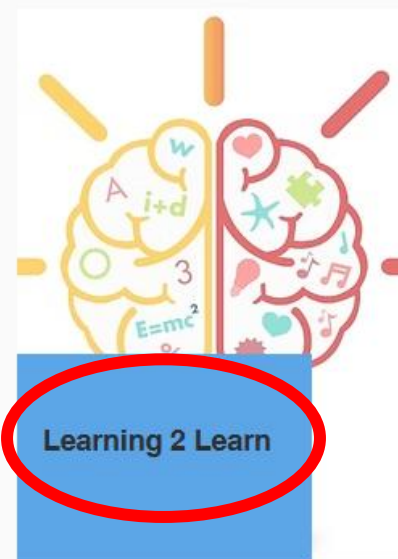
Guidance



**Special Education
Needs (SEN)**



Student Support



Learning 2 Learn

Contact Us

Tel: 061 - 364211

Email:

info@stcaimins.ie

Address

Tullyvarraga,
Shannon, Co. Clare
V14 XY54

To access our Learning 2 Learn resource portal please click on the image below.



Goal Setting and Reflection Resources:

[Goal Setting](#)

[Target Setting](#)

[Type of Learner](#)

[CAO Target Tracker](#)

[Target Grade Chart](#)

[Target Setting and Study Planning](#)

[Monthly Tracker](#)

[Reflection on Learning](#)

Study Skills and Planning

[Introduction to Study](#)

[Study Skills Presentation](#)

[Different Study Techniques](#)

[Developing a Study Plan](#)

[Learning Aids and Strategies](#)

[Exam Preparation](#)

[Graphic Organisers](#)

[Note Taking](#)



After School Study

- Mon & Tue 4:14-6pm
- Wed- Fri 3:35-5:35pm
- Further information from Tomás Quealy
tom.quealy@stcaimins.ie or 087 0006400

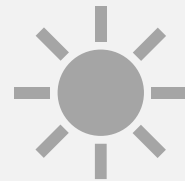
Study Booking Form Sept & Oct 2025



Assessment LC1 2025- 2026



House Exams (Scheduled &
Whole Department tests) -
15th -19th Dec 2025



House Exams (Scheduled &
Whole Department tests) -
25th – 28th May 2026

Assessment LC2 2025- 2026

OCTOBER EXAMS (SCHEDULED & WHOLE
DEPARTMENT AGREED TESTS BUT MAY BE
REPLACED BY CBAS/PROJECT WORK)

MOCKS EXAMS (4TH – 12TH FEB. 2026)

ORAL EXAMINATIONS = EASTER HOLIDAYS
PRACTICAL EXAMS/LCVP APRIL AND MAY 2026

LEAVING CERTIFICATE – 3RD JUNE

Additional
Supports

ExamRevision



Pick an area to explore



Attendance

Monitor your student's attendance at a glance, view records from an entire year or specific lesson.

[Learn More →](#)



Assessment

View your student's full academic record, track progress over time and download term assessments.

[Learn More →](#)



Behaviour

Keep track of your student's behaviour, monitor progress & teacher feedback.

[Learn More →](#)



Timetable

View your student's timetable, see realtime data for which lesson they are in at any given time.

[Learn More →](#)



Personal Info

Overview of your student's key info. Ensure that this is up to date.

[Learn More →](#)



Fees

Overview of school fees for the year, pay directly via card online.

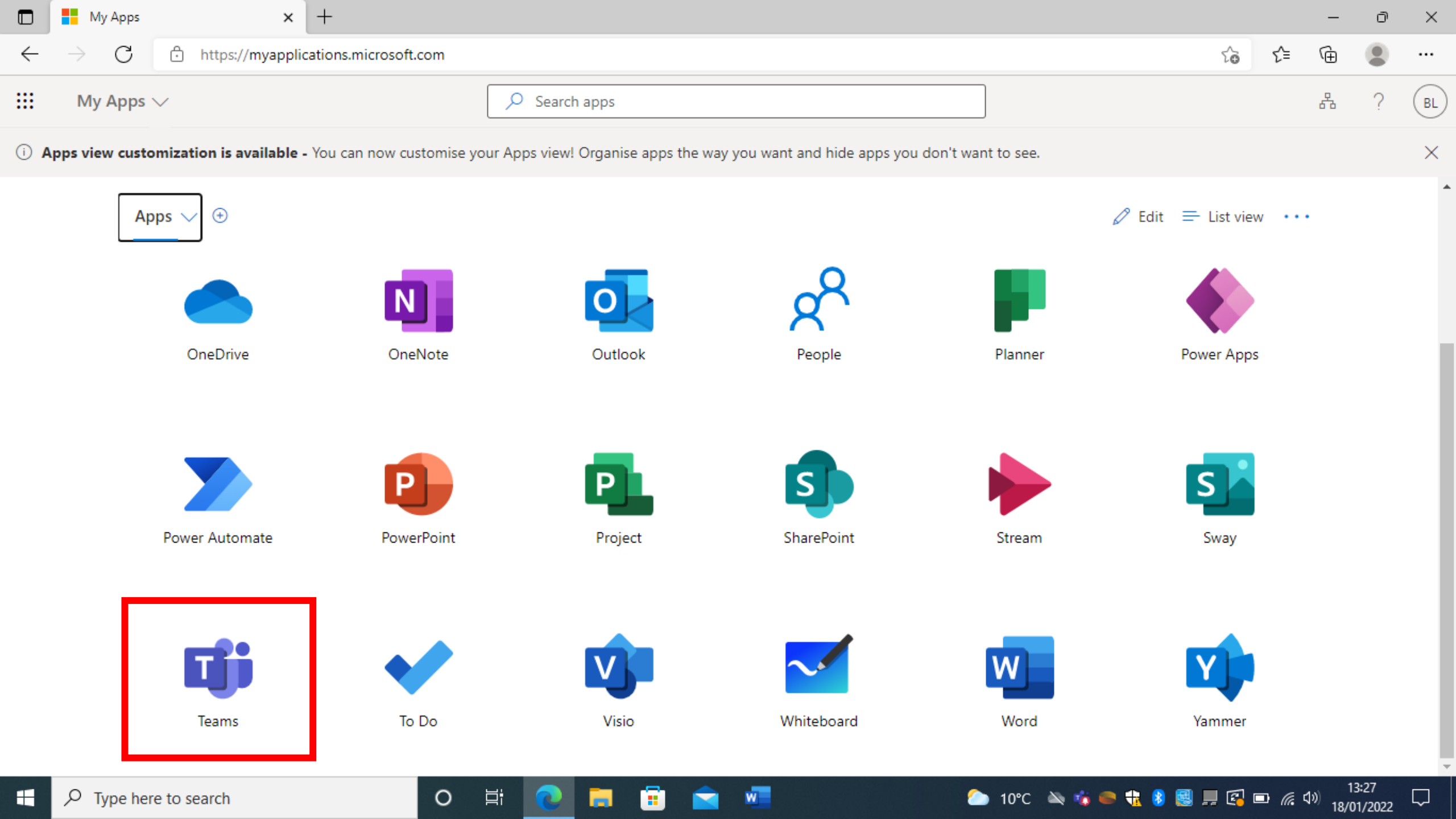
[Learn More →](#)



Student Options

Submit next year's subject preferences directly to the school.

[Learn More →](#)



OneDrive



OneNote



Outlook



People



Planner



Power Apps



Power Automate



PowerPoint



Project



SharePoint



Stream



Sway



Teams



To Do



Visio



Whiteboard



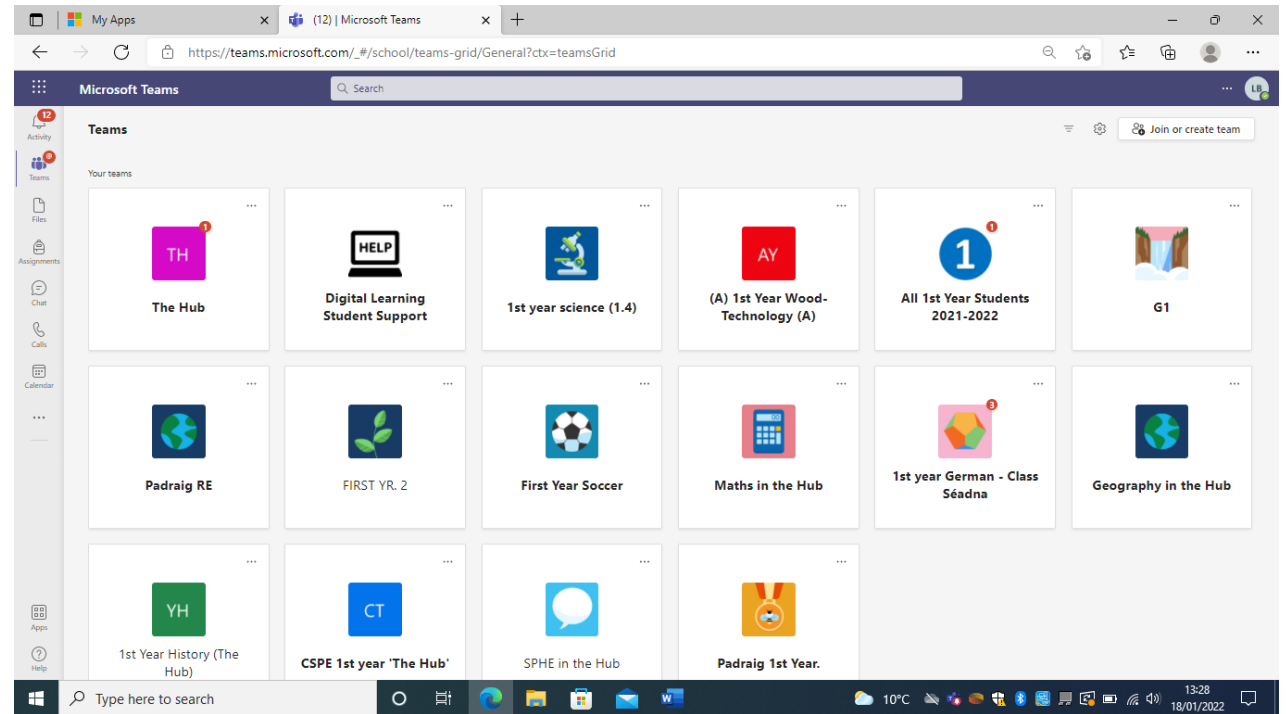
Word



Yammer

What happens in a Team?

- Learning space for students
- Teacher has a Team set up for their class/sports team/club etc.
- Share resources with students
- Submit assignments
- Engage in class discussions
- Can chat teacher if help is needed
- Catch up on classwork if absent



ExamRevision



ExamRevision provides engaging content to help students grasp difficult topics, crack exam techniques and improve their grades!



Short, concise videos by specialist teachers



Expert topic notes to achieve a Distinction/H1



Interactive Quizzes to test your knowledge

Add Subjects

Junior Cycle

Leaving Cert



Accounting

☐

Ag Science

☐

Applied Maths

☐

Art

☐

Biology

☐

Biology 2027

☐

Business

☐

Business 2027

☐

Chemistry

☐

Chemistry 2027

☐

Classical Studies

☐

Computer Science

☐

Construction Studies

☐

Design & Communication
Graphics

☐

Economics

☐

Engineering

☐

English

☐

French

☐

Save Selection (0)



Chemistry

Leaving Cert



Build An Exam



Entire Past Papers



Create Quiz

Course Curriculum



Quick search for topics, chapters or resources

Search

Unit 01 - The Periodic Table & The Atom

[The Periodic Table](#)

[Radioactivity](#)

[The Atom](#)

Unit 02 - Bonding

[Bonding](#)

[Test for Anions](#)

Unit 03 - Stoichiometry, Mole & Solutions

[The Mole](#)

[Stoichiometry](#)

[Solutions](#)

[Properties of Gases](#)

Unit 04 - Titration Technique & Calculations

[Unit 04 - Titration Technique & Calculations](#)

Unit 05 - Acids, Bases & pH





Tranche 1 subjects will be introduced to the curriculum for all schools in 2025 and are set out here:

Tranche 1 subjects	
Ancient Greek	
Arabic	
Biology	
Business	
Chemistry	
Climate Action and Sustainable Development	
Drama, Film and Theatre Studies	
Latin	
Physics	

Tranche 2 subjects will be introduced to the curriculum for all schools in 2026 and are set out here:

Tranche 2 subjects
Accounting*
Construction Studies
Engineering
English*
Geography
LCVP Link Modules
Physical Education

**The introduction of these subjects has been postponed until at least September 2027.*



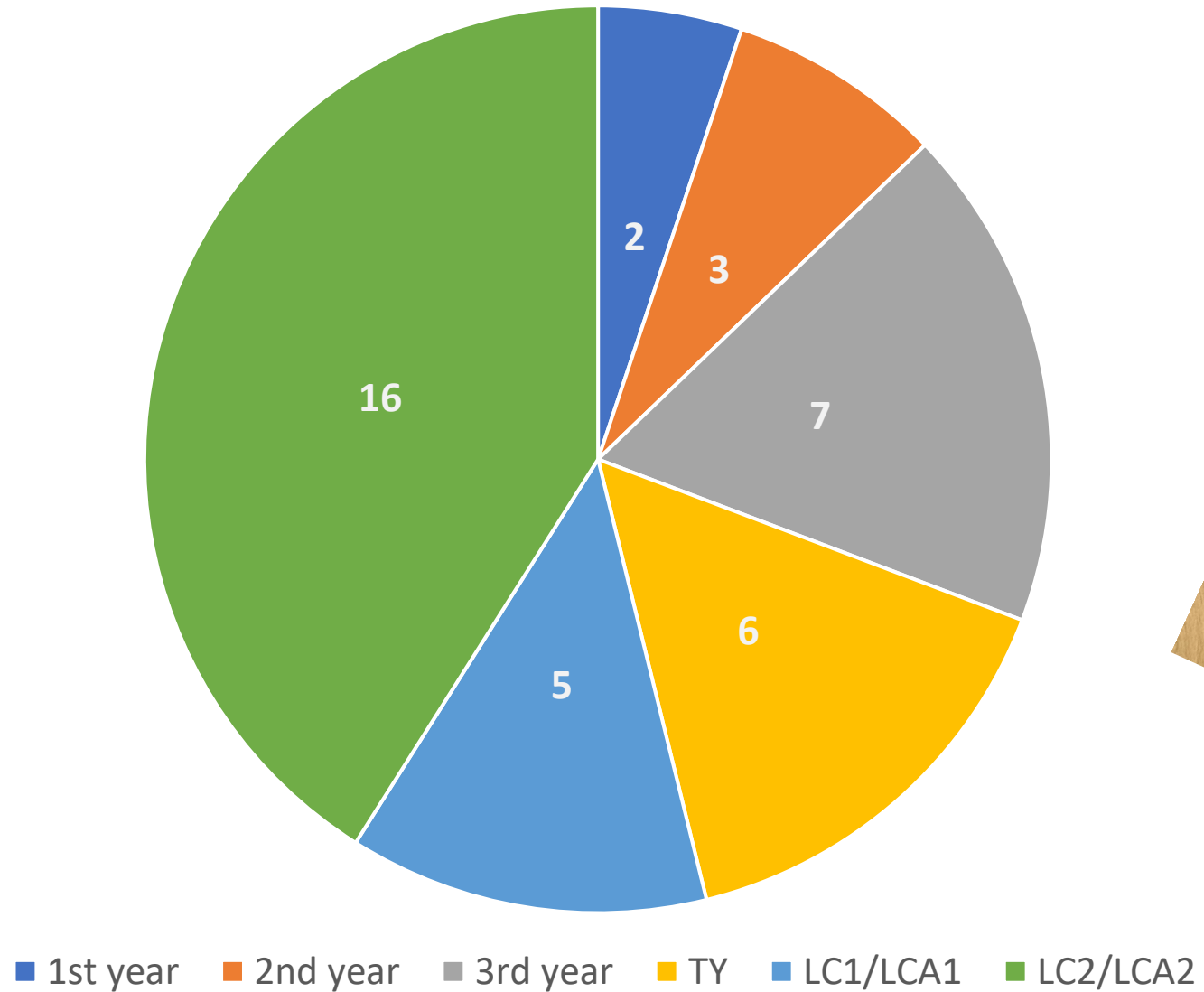
Mobile Phones

Phone Free Zone

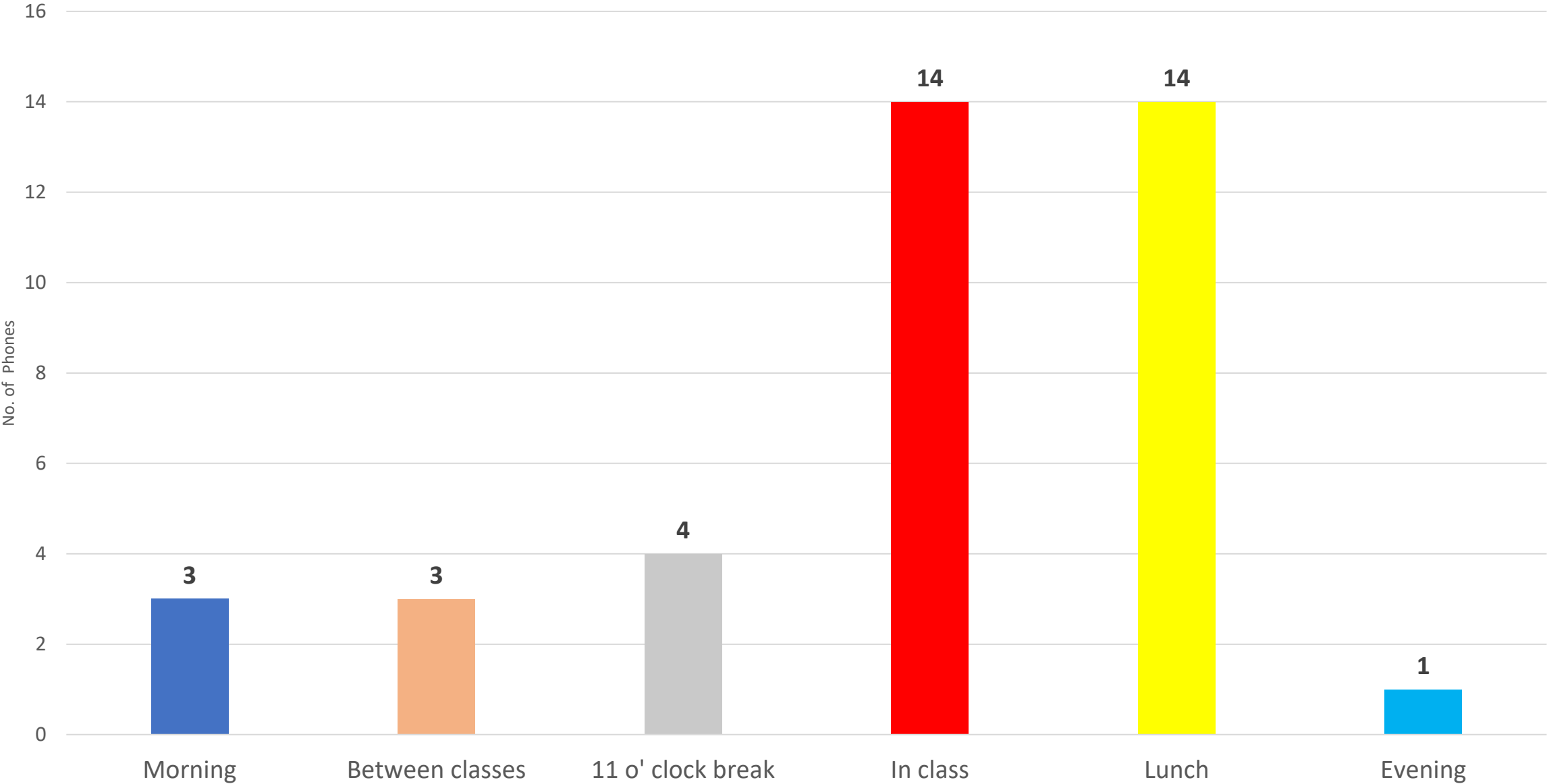
*A phone free zone means that during the school day students are not permitted to have access to their phones. Students will store their mobile devices, which must be **powered off**, in locked pouches on their person or in their school bag or in their locker during the school day.*



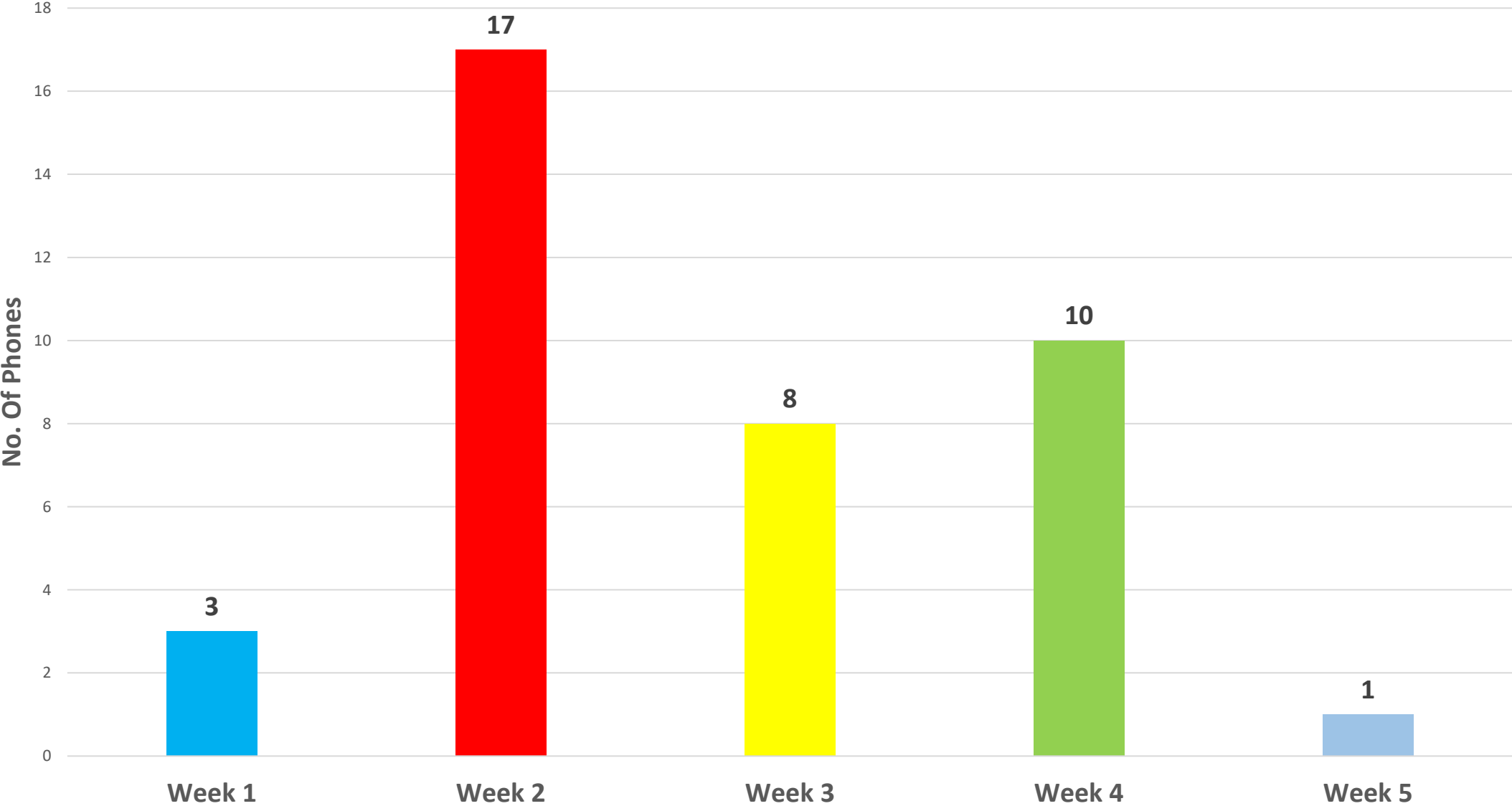
Break down of confiscated phones by year group (n=39)



Loction/Time the phone was confiscated (n=39)



Phone Confiscation by week (n=39)





Concerns around overuse of an electronic device

Excessive use of electronic devices has been linked with:

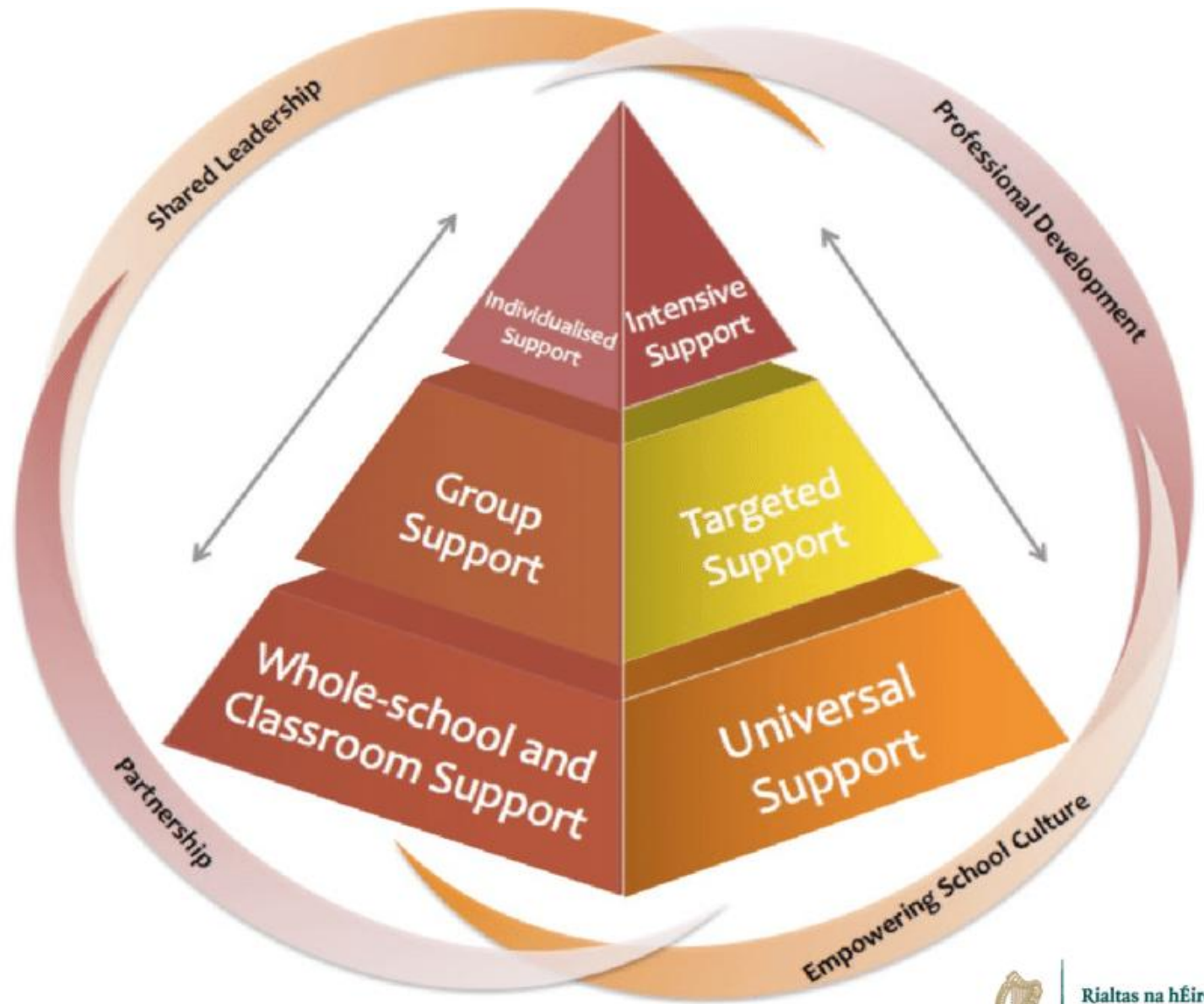
- Interference with social activities and family time
- Interference with sleep
- Damage to mental health
- Impacts concentration

Agree to Agree

- This initiative supports schools in working collaboratively with their wider communities to develop a shared understanding and agreed approach to pupils' use of internet-enabled devices.
- School Leaders, Members of PA and BOM Nominee.
 - Use of digital devices
 - Norms for our children's online lives
 - Identifying key issues
 - Practical tips for parents and students



Student Support





Wellbeing Supports

Contact our Student Support Team

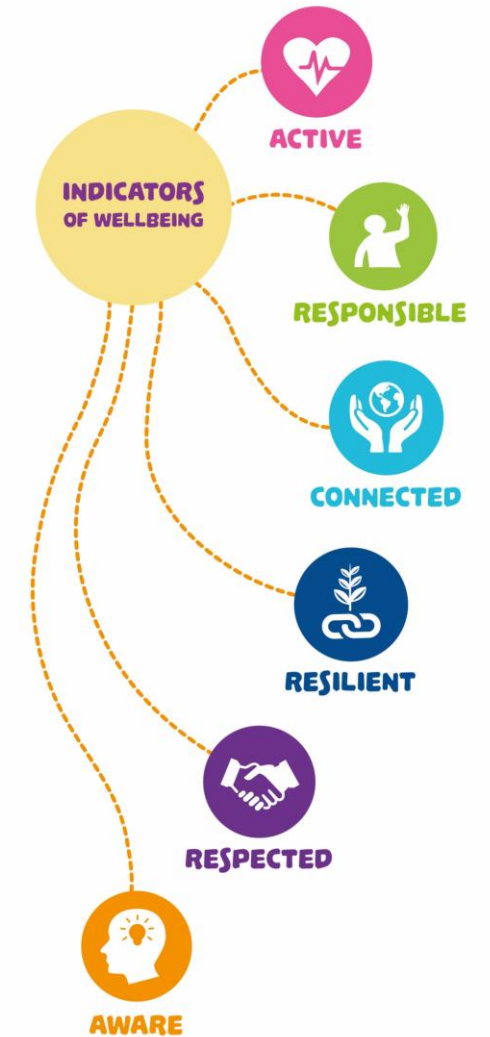
- Principal/Deputy Principal
- Guidance Counsellor
- Chaplain
- SEN Coordinator
- Year Heads

Supports include

- Breakfast Club 8.15am -9.45am in room 143
- Homework Club 8.15am -9.45am in room 157
- CAMHS
- Tulsa
- Occasionally External Counsellors & Art Therapy
- Talks from External agencies
- Wellbeing Week, Celebrate Us Week & Stand Up Awareness Week.

Wellbeing Provision 2025 - 2026

Subject/Activity	Time allocation over 3 years	Explanation of time allocation
PE	132 hours	2 x 40-minute classes per week over three years
SPHE	100 hours	5 x 40-minute classes per week over three years
CSPE	100 hours	5 x 40-minute classes per week over three years
Celebrate Us Week	8 hours	Activities to occur over three years
Wellbeing Week	8 hours	Activities to occur over three years
Active week	8 hours	Activities to occur over three years
Mentoring/Induction for 1 st Years	8 hours	Activities to occur over one day in year 1
Guidance and Learning to Learn	47.5 hours	Option rotations and timetabled Learning 2 Learn sessions.
Reading for Pleasure (English) – Accelerated Reading	22 hours	1 x 40 minute class per week in year 1
TOTAL	433.5 Hours	



Extracurricular Schedule 2025 - 2026

Involvement in extracurricular activities builds teamwork, communication, relationships, and a sense of belonging, all of which help students to develop socially and emotionally.

Participation in extracurricular activities demonstrates the importance of being part of a community. Involvement in such groups also have shown been linked to

- Developing the ability to manage oneself
- Increase time management skills
- Increased confidence
- Increased academic performance
- Physical health gains







Extra-curricular Activities 2025 – 2026



	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	8.20 – 8.55: Breakfast club (room 140)	8.20 – 8.55: Breakfast club (room 140)	8.20 – 8.55: Breakfast club (room 140)	8.20 – 8.55: Breakfast club (room 140)	8.20 – 8.55: Breakfast club (room 140)
Lunchtime	1.15 – 2.00: Games club (room 205)	1.15 – 2.00: - Games club (room 205) - Trad. Group (room 152)	1.15 – 2.00: - Games club (room 205) - Junior and Senior Football (girls) - Junior SVP (room 156 A)	1.15 – 2.00: Art Club/Junk Kouture (Room 141)	1.15 – 2.00: Games club (room 205)
After School	4.10 – 5.00: - Homework club (126) - Junior and Senior Camogie	4.10 – 5.00: Homework club (126)	3.30 – 4.30: - Homework club (126) - Junior and Senior girls' soccer 1st Year, Under 15, Senior Hurling - Junior and Senior Football (boys) - Girls' basketball	3.30 – 4.30: - Homework club (126) - Junior and Senior Camogie - Boys' basketball	



Teaching Post
Application forms
2025 - 2026

Extracurricular
Activities
2025 - 2026

Term
Newsletters

2nd Year CBAs
3rd Year CBAs

Principal's Welcome Message



Student
Blog



Student
Podcast



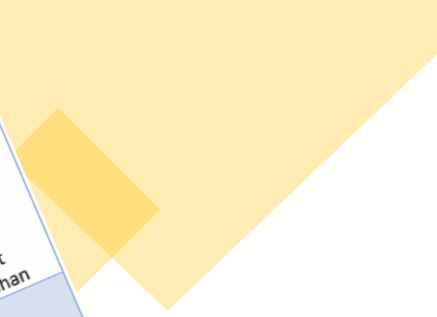
Student
Newspaper





Name of Activity	Description of general activities of club	When and where do the club meet	Who should be contacted if students want to join
Breakfast Club	THE BREAKFAST CLUB - A GENTLE START TO YOUR DAY-OPEN TO ALL Every morning Monday to Friday from 8.15 to 8.45 a few teachers host the breakfast club with assistance from some students. This facility is in Room 143, the Home Ec room. Everyone is welcome. It is a lovely opportunity to meet up with others, have a cup of tea or juice and toast and a pleasant chat. Runs at lunchtimes in 205. Open to everyone, operates a 'Leave no Trace' policy. Students clean up after themselves.	Room 143 every morning	Open to all
Games at lunchtime Club	An invitation to the homework club is extended through the year head and homework club facilitators to students from 1st to 3rd year.	Lunchtimes	Ms McDonnell
Homework Club	Online Team, all year groups	After school Monday to Thursday - room 126 (90 minutes)	Mr Nolan
Environmental Club	Traditional Group is open to aspiring musicians hoping to develop their skills in Irish Traditional Music. You will get the opportunity to learn new tunes in a fun and positive environment and perform at various events throughout the year.	Music Room (Room 152) at lunch times on Tuesdays.	Ms McDonnell
Traditional Music Group	1 st year induction programme for incoming students to the school. Open to Senior students who self-nominate for the position in March of each year.	Training takes place in May and August. Induction Days in August/ September	Ms Killeen Ms Fahey
Meitheal Mentoring Programme	Competing in both Munster and Clare competitions. S&C Training. Bonding activities.	Trainings after school or lunches depending on matches. Training after school & Monday and	Ms Roche
Senior Camogie			Ms O Leary Ms O Loughlin Ms O Connell Ms Phelan Ms Morey

Name of Activity	Description of general activities of club	When and where do the club meet	Who should be contacted if students want to join
Junior Soccer	Competing in both Clare and Munster Competitions. Training is after school.	Training can be on the school pitches or in the PE hall.	Boys: Mr Corry Mr Nolan
Senior Soccer	Competing in both Clare and Munster Competitions. Training is after school.	<u>Girls</u> training: After school on Wednesdays Training can be on the school pitches or in the PE hall.	Girls: Mr. Corbett Ms. Counihan
1st Year Hurling	Competing in Blitz competitions throughout the year. Training can be after school or lunch while competitions are active.	<u>Girls</u> training: After school on Wednesdays Training takes place after school on Mondays and Wednesdays. It can be on the school pitches, in the PE hall or in the school gym.	Boys: Mr Corry Mr O'Brien
Under 15 Hurling	Competing in both Clare and Munster Competitions. Training can be after school or lunch while competitions are active.	Training can be on the school pitches, in the PE hall or Strength and Conditioning sessions in the school gym. After school on Wednesday	Girls: Mr. Corbett Ms. Counihan Mr Cunningham
Under 17 Hurling	Competing in both Clare and Munster Competitions. Training can be after school or lunch while competitions are active.	Training happens after school on Thursday, and it can be on the school pitches, in the PE hall or in the school gym.	Boys: Mr Corry Mr Corry



You're
Cordially
Invited to

.....



Where: St. Caimin's Community School

When: 19th, 20th & 21st of November

St Caimin's Guidance Website is Live!

St. Caimin's Community School
Guidance Counselling Dept.



St. Caimin's Community School

Welcome to our Guidance Counselling Website

Weekly Checklists



Apprenticeships closing for applications from Monday 15th September 2025

September 12, 2025



Senior Cycle Weekly Checklist Monday 15th September 2025

September 12, 2025

Guidance Alert List:

Welcome to the St Caimin's Guidance Website!

This is where parents and students can access all relevant Careers related information. The website is updated with a daily feed of career and education news including a weekly checklist for all senior cycle students. Nationwide career and college events are also updated daily. Any Guidance related event in St Caimin's will also be available to see here such as various speakers and trips that will be happening.

The Guidance Counsellor advises on career choices and assists pupils in making educational, vocational and personal decisions. Students and parents are free and welcome to come and visit the guidance counsellor. An appointment can be made by contacting Ms Fitzpatrick directly via email or phone.

Ms. Fitzpatrick can be emailed directly at guidance@stcaimins.ie

Events

16

Apprenticeship Info @ National Ploughing Championships 2025 (Tues - Thurs inc)

Tuesday, September 16, 00:00

16

Exploring Alternative Career Opportunities: FIT at this year's National Ploughing Championships (Tues - Thurs)

Tuesday, September 16, 00:00



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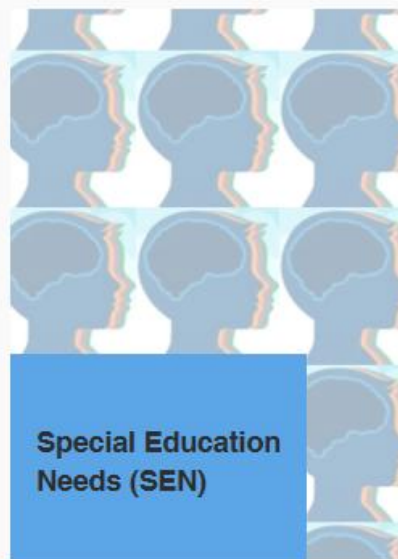
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[Guidance](#)



[Special Education
Needs \(SEN\)](#)



[Student Support](#)



[Learning 2 Learn](#)

Contact Us

Tel: 061 - 364211

Email:

info@stcaimins.ie

Address

Tullyvarraga,
Shannon, Co. Clare
V14 XY54

St Caimin's Guidance Website

- This is linked directly to the Careersportal Careers Website and is updated with all Career related events including Open Days and college events
- A list of any upcoming Careers Events that are happening in St Caimin's will also be available to see here – Open Days attending, various speakers that are coming in to talk to students etc
- Upcoming Deadlines and important dates will also be highlighted on this website
- Useful links to Career Explorer and Coursefinder on Careersportal also available on the website

Student Guidance Appts:

- All LC2s will have a Guidance Appt with Ms. Fitzpatrick
- Appts are given out by class groups but students can request an appt earlier if they are feeling confused or worried. Just need to message Ms.Fitzpatrick directly or parents can email guidance@stcaimins.ie if concerned about son/daughter
- All LC2 students have a Career File on Careersportal – they should be able to log in and you will be able to see various Courses and Career of interest saved to their File.

Other Information!



CAO 2026 will open on the 5th of November



There will be a CAO and Other Options Information Evening in early November where Ms.Fitzpatrick will give an overview of the CAO Application Process, DARE/HEAR Applications, PLCs and Apprenticeships

Contact Information

	Responsibility of	Contact Information
1 st Year	Mr Keane	gerard.keane@stcaimins.ie
2 nd Years	Ms McSweeney	siobhan.mcsweeney@stcaimins.ie
3 rd Years	Ms O'Loughlin	tara.oloughlin@stcaimins.ie
LC1/LCA1/TY	Ms Dalton	mary.dalton@stcaimins.ie
LC2/LCA2	Ms Ryan Quinn	michelle.ryan@stcaimins.ie
SEN Queries	Ms Maguire	patricia.maguire@stcaimins.ie
Chaplain	Ms Guinnane	cora.guinnane@stcaimins.ie
Guidance	Ms Fitzpatrick	hannah.fitzpatrick@stcaimins.ie

