


SAMPLE STUDY PLAN

Below are some study plans that may suit the starter, the intermediate or the advanced studier. Remember these are just samples to help guide you. They are plans that previous students adopted for after school study. You should mould these plans to suit your learning style, your lifestyle and your particular study needs at the time of drafting.

Goals + Plan = Success



STARTER PLAN

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUN/SAT
40 Mins. Study	Business	Biology	Geography	Business	2 Hours Total to complete the Homework	STARTER PLAN 3 Hours on <u>one</u> of these days <u>before 3pm</u> 1. 30 Mins for English Poetry 2. 30 Mins for Biology 3. 30 Mins. for Irish  4. 30 Mins. for Business 5. 30 Mins. for Geography
40 Mins. Study	French	Irish	English (Play)	French		
1½ Hours Homework	HOMEWORK	HOMEWORK	HOMEWORK	HOMEWORK		
10 Minutes additional time is allocated to the Homework slot to facilitate Maths problems						
Extra	If you do not manage to get all your homework finished in the time allotted in after school study, then you should complete it at home. However, if you are working efficiently and with focus the allocated time should suffice and you will not need to bring work home					
NOTES	If this plan is to work for you a diligent approach is essential i.e. you must keep to it. You must work effectively during the study time and you must use the free time to relax, exercise, socialise and generally switch off. It is vital that the homework is tackled in the second half of the study session. If you begin with homework it will drag out for two hours. If you have grinds in a particular subject during the week, then you must view this as a study slot. The plan can change from week to week in order to address certain needs that may arise (a particular test). However, you must keep the time slots rigid, keeping 2 x 45 min study sessions per subject per week					

INTERMEDIATE PLAN

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUN/SAT	
40 Mins. Study	Business	Biology	Geography	Business	2 Hours Total to complete the Homework	INTERMEDIATE PLAN 2¼ Hours on BOTH of these days <u>before 3pm</u> <u>SAT</u> 1. 45 Mins for English Poetry 2. 45 Mins for Biology 3. 45 Mins. for Irish <u>SUN</u> 4. 45 Mins for Business 5. 45 Mins for Geography 6. 45 Mins. for Maths/Language	
40 Mins. Study	French	Irish	English (Play)	French			
1½ Hours Homework	HOMEWORK	HOMEWORK	HOMEWORK	HOMEWORK			
10 Minutes additional time is allocated to the Homework slot to facilitate Maths problems							
Bonus Study Hours			Core Subject 1	Core Subject 2			
Extra	If you do not manage to get all your homework finished in the time allotted in after school study, then you should complete it at home. However, if you are working efficiently and with focus the allocated time should suffice and you will not need to bring work home						
NOTES	If this plan is to work for you a diligent approach is essential i.e. you must keep to it. You must work effectively during the study time and you must use the free time to relax, exercise, socialise and generally switch off. It is vital that the homework is tackled in the second half of the study session. If you begin with homework it will drag out for two hours. If you have grinds in a particular subject during the week, then you must view this as a study slot. The plan can change from week to week in order to address certain needs that may arise (a particular test). However, you must keep the time slots rigid, keeping 2 x 45 min study sessions per subject per week						

ADVANCED PLAN

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUN/SAT		
40 Mins. Study	Business	Biology	Geography	Business	2 Hours Total to complete the Homework	INTERMEDIATE PLAN 3 Hours on BOTH of these days before 3pm <div style="text-align: center;">SAT</div> <ol style="list-style-type: none"> 1. 45 Mins for English Poetry 2. 45 Mins for Biology <div style="text-align: center;"></div> <ol style="list-style-type: none"> 3. 45 Mins for Irish 4. 45 Mins for Business <div style="text-align: center;">SUN</div> <ol style="list-style-type: none"> 5. 45 Mins for Language 6. 45 Mins for Geography <div style="text-align: center;"></div> <ol style="list-style-type: none"> 7. 45 Mins for Maths 8. 45 Mins for Priority Subject 		
40 Mins. Study	French	Irish	English (Play)	French				
1½ Hours Homework	HOMEWORK	HOMEWORK	HOMEWORK	HOMEWORK				
10 Minutes additional time is allocated to the Homework slot to facilitate Maths problems								
Bonus Study Hour			Core Subject 1	Core Subject 2				
Extra	If you do not manage to get all your homework finished in the time allotted in after school study, then you should complete it at home. However, if you are working efficiently and with focus the allocated time should suffice and you will not need to bring work home							
NOTES	<p>If this plan is to work for you a diligent approach is essential i.e. you must keep to it. You must work effectively during the study time and you must use the free time to relax, exercise, socialise and generally switch off.</p> <p>It is vital that the homework is tackled in the second half of the study session. If you begin with homework it will drag out for two hours. If you have grinds in a particular subject during the week, then you must view this as a study slot.</p> <p>The plan can change from week to week in order to address certain needs that may arise (a particular test). However, you must keep the time slots rigid, keeping 2 x 40 min study sessions per subject per week</p>							

BLANK TEMPLATE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
___ MINS STUDY					2 Hours total to complete Homework	
___ MINS STUDY						
___ MINS HW	HOMEWORK	HOMEWORK	HOMEWORK	HOMEWORK		
<u>Bonus Study Hour</u>						

EXTRA	If you do not manage to get all your homework finished in the allotted in after school study, then you should complete it at home. However, if you are working efficiently with focus the allocated time should suffice and you will not need to bring work home
NOTES	If this plan is to work for you a diligent approach is essential i.e. you must keep to it. You must work effectively during the study time and you must use the free time to relax, exercise, socialise and generally switch off. It is vital that the homework is tackled in the second half of the study session. If you begin with homework it will drag out for two hours. If you have grinds in a particular subject during the week, then you must view this as a study slot. The plan can change from week to week in order to address certain needs that may arise e.g. a particular class test etc.

