

# Target Setting

Name: \_\_\_\_\_

Today's Date: \_\_\_\_\_

Target Date: \_\_\_\_\_

**Goal:**

## Verify that your goal is SMART:

**SPECIFIC**

•What exactly will you accomplish?

**MEASURABLE**

•How will you know when you have reached this goal?

**ACHIEVEABLE**

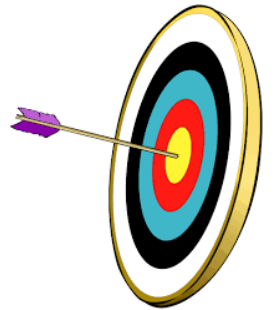
•Is achieving this goal realistic with effort and commitment? Have you got the resources to achieve this goal? If not, how will you get them?

**RELEVANT**

•Why is this goal significant to your life?

**TIMELY**

•When will you achieve this goal?



**This goal is important because:**

---

**The benefits of achieving this goal will be:**

---

**Take Action!**

**Potential Obstacles****Potential Solutions**


**Who are the people you will ask to help you?**

**Specific Action Steps:** *What steps need to be taken to get you to your goal?*

<b>Subject</b>	<b>Goal for Christmas Assessment</b>	<b>Subject</b>	<b>Goal for Christmas Assessment</b>
<i>IRISH</i>		<i>GEOGRAPHY</i>	
<i>ENGLISH</i>		<i>SCIENCE</i>	
<i>MATHS</i>		<i>RELIGION</i>	
<i>FRENCH/GERMAN</i>		<i>Option 1 =</i>	
<i>HISTORY</i>		<i>Option 2 =</i>	

<b>Percentage</b>	<b>Grade Descriptor</b>	<b>Percentage</b>	<b>Grade Descriptor</b>
<b>≥ 90 to 100</b>	<b>Distinction</b>	<b>≥ 40 and &lt; 55</b>	<b>Achieved</b>
<b>≥ 75 and &lt; 90</b>	<b>Higher Merit</b>	<b>≥ 20 and &lt; 40</b>	<b>Partially Achieved</b>
<b>≥ 55 and &lt; 75</b>	<b>Merit</b>	<b>≥ 0 and &lt; 20</b>	<b>Not Graded (NG)</b>

